Visit acgmeetings.gi.org to Submit!

**ACG AWARDS**

Nominate a Colleague by April 15th!

**2022 Award Categories:**

- New! NP/PA Award for Clinical Excellence
- Berk/Fise Clinical Achievement Award
- Community Service Award
- Distinguished Mentorship & Teaching Award
- Diversity, Equity & Inclusion Award
- International Leadership Award
- Master of the American College of Gastroenterology
- Samuel S. Weiss Award

Nominations for these awards will be presented at the College’s Annual Scientific Meeting in Charlotte, NC on October 22, 2022.

Visit acgmeetings.gi.org to Submit!

**ACG Virtual Grand Rounds**

Present Your Abstract at ACG 2022

The Deadline for Submission is Monday, June 20, 2022 at 11:59 pm ET

**Abstract Categories:**

- Biliary/Pancreas
- Colon
- Colorectal Cancer Prevention
- Endoscopy Video Forum
- Esophagus
- Functional Bowel Disease
- General Endoscopy
- GI Bleeding
- IBD

- Interventional Endoscopy
- Liver
- Obesity
- Pediatrics
- Practice Management
- Small Intestine
- Stomach
- Clinical Vignettes/Case Reports

Visit acgmeetings.gi.org to Submit!
Participating in the Webinar

All attendees will be muted and will remain in Listen Only Mode.

Type your questions here so that the moderator can see them. Not all questions will be answered but we will get to as many as possible.

How to Receive CME and MOC Points

LIVE VIRTUAL GRAND ROUNDS WEBINAR
ACG will send a link to a CME & MOC evaluation to all attendees on the live webinar.

ABIM Board Certified physicians need to complete their MOC activities by December 31, 2022 in order for the MOC points to count toward any MOC requirements that are due by the end of the year. No MOC credit may be awarded after March 1, 2023 for this activity.
MOC QUESTION

If you plan to claim MOC Points for this activity, you will be asked to: Please list specific changes you will make in your practice as a result of the information you received from this activity.

Include specific strategies or changes that you plan to implement. THESE ANSWERS WILL BE REVIEWED.

ACG Virtual Grand Rounds

Join us for upcoming Virtual Grand Rounds!

Week 15
There will be No ACG Virtual Grand Rounds on April 14th due to Passover and Easter

Week 16
Practical Patient Education Tips and Strategies
Connie Arnold, PhD; Terry Davis, PhD; and James D. Morris, MD, FACG
April 21, 2022 at Noon Eastern and 8pm Eastern!

Visit gi.org/ACGVGR to Register
Visit acgmeetings.gi.org to Submit!

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Disclosures:
There are no relevant financial relationships with this activity.

Ashley Gilmore, MD
Speaker

Hala Fatima, MD
Moderator

Indira V. Bhavsar-Burke, MD
Panelist

Nikhil A. Kumta, MD
Panelist

Yakira N. David, MD
Panelist
Family Matters: Conception Challenges, IVF, Parental Leave for Physicians

Ashley Cuellar Gilmore, MD
Assistant Professor
Indiana University
Division of Gastroenterology and Hepatology

Objectives

- Parental Leave Options
- Barriers to Parental Leave
- ACGME rules
- Negotiate Parental Leave as Faculty
- Fertility in GI Physicians
  - Struggles
  - Related Mental Health
Pregnancy and the Working Gastroenterologist: Perceptions, Realities, and Systemic Challenges

- Most pregnancies were in women >35 years
  - Delay of pregnancy:
    - 56.6% delaying until completion of training or career advancement
    - 52.6% personal choice
    - 44.7% prohibitive work schedule
  - 67% perceived leave was inadequate for recovery and bonding
  - 58.2% were permitted less than 12 weeks of leave
  - 6.5% were NOT permitted any leave
  - 61.9% took less leave than permitted
    - 21% financial concerns
    - 15% delayed graduation
    - 9.7% negative impact on promotion
    - 9.7% pressure from administration/seniors
    - 8.8% personal choice
    - 7.1% regression of technical skill

Gastroenterology 2021;161:756–760

- 10% of respondents who had been pregnant before used assisted reproductive technologies
- 6.3% of respondents who had never been pregnant used egg/embryo cryopreservation

Gastroenterology 2021;161:756–760
Parental Leave Options

- Parental Leave Policies at individual places of employment
- Family and Medical Leave Act of 1993
  - Federal law
  - Entitles employees to 12 weeks of **unpaid** leave for qualifying medical and family reasons, including the birth of a child
  - Eligibility includes at least 12 months of employment (prior to pregnancy?) and at least 1,250 hours worked during the last 12 months
  - Position must be reinstated after leave and insurance will continued to be paid
- Vacation
- Sick Days
- Short Term Disability
- Compensatory Time Off – working now for paid time off in the future
- Leave Sharing Programs – time off donated by others

ACGME Program Requirements for Graduate Medical Education in Gastroenterology

ACGME-approved Focused Revision: February 7, 2022; effective July 1, 2022

- VI.C.2. There are circumstances in which fellows may be unable to attend work, including but not limited to fatigue, illness, family emergencies, and parental leave. Each program must allow an appropriate length of absence for fellows unable to perform their patient care responsibilities. (Core)

Background and Intent: Fellows may need to extend their length of training depending on length of absence and specialty board eligibility requirements. Teammates should assist colleagues in need and equitably reintegrate them upon return.

“Member Board eligibility requirements must allow for a **minimum of 6 weeks** of time away from training for purposes of parental, caregiver and medical leave at least once during training, **without exhausting all other allowed time away from training and without extending training**. Member Boards must allow all new parents, including birthing and non-birthing parents, adoptive/foster parents, and surrogates to take parental leave.”

https://www.abms.org/policies/parental-leave/

“ABIM has two leave policies: (1) the Leave of Absence and Vacation Policy and (2) the Deficits in Required Training Time Policy that permit residents and fellows to take time away from training for any reason including vacation, illness, family leave and all parental leave.

“ABIM allows **five weeks (or 35 days) per academic year** for leave and leave not used in one year can **accumulate** to be used in future years of training in the same program.”

Negotiating Parental Leave

• Know the laws in your state
• Understand the policies at your institution or place of employment
  • If your place of employment has > 50 employees, it is subject to FMLA
  • Possible resources: HR, Office for Faculty Affairs, Office for Diversity Affairs
• Talk to others within your organization or in similar positions
• Advocate for your family and be firm about your needs
• Be creative

Fertility Terms

• ART: Assisted Reproductive Technology
  • Definition used by CDC: “all fertility treatments in which either eggs or embryos are handled”
• IVF: In Vitro Fertilization
  • Ovarian Stimulation
  • Egg Retrieval
  • Fertilization - via placing egg and sperm together in a dish or ICSI
  • Embryo Transfer
• IUI: Intrauterine Insemination
  • Placement of sperm into the uterus using a long, narrow tube
• Third Party ART
  • Sperm donation
  • Egg donation
  • Surrogate
  • Gestational carriers
  • Embryo adoption
Fertility Struggles in Female Physicians

• *Fertility and childbearing among American female physicians*
  
  • 1 in 4 women female physicians struggle with infertility
  
  • Had women known fertility would be a problem
    
      • 53.3% of female physicians would have attempted to conceive earlier
      
      • 16.7% would have used cryopreservation to preserve fertility


Fertility Struggles in Female Physicians

• People seeking fertility preservation or treatment may experience
  
  • Anxiety
  
  • Guilt
  
  • Loss of hope
  
  • Loss of control
  
  • Bereavement
  
  • Stigmatization

• Female physicians who experience infertility, high risk pregnancies and pregnancy have higher rates of burnout

• Financial burden

[Academic Medicine, 95 (5), 679-681.]
IVF Success Estimator

Background and History

How old are you?
Enter age between 18 and 55 years

How much do you weigh?
Enter weight between 80-350 lbs

How tall are you?
feet inches

How many times have you used IVF in the past (include all cycles, even those not resulting in pregnancy)?
— select an option —

How many prior pregnancies have you had?
— select an option —

How many prior births have you had?
— select an option —

Diagnosis and Plan

What is the reason you are using IVF? (select all that apply)
.Input factor infertility
Endometriosis
Tubal factor
Ovarian disorder (including PCOS)
Diminished ovarian reserve
Uterine factor
Other reason

Unexplained (idiopathic) infertility

I don't know/no reason

Do you plan to use your own eggs or donor eggs?
— select an option —


EDUCATE YOURSELF

American College of Gastroenterology
Resources


• [https://www.abms.org/policies/parental-leave/](https://www.abms.org/policies/parental-leave/)

• ACGME Program Requirements for Graduate Medical Education in Gastroenterology
  - [https://www.acgme.org/globalassets/pfassets/programrequirements/144_gastroenterology_2022_tcc.pdf](https://www.acgme.org/globalassets/pfassets/programrequirements/144_gastroenterology_2022_tcc.pdf)

• FMLA frequently asked questions
  - [https://www.dol.gov/agencies/whd/fmla/faq](https://www.dol.gov/agencies/whd/fmla/faq)

• Caretaking in Academic Medicine: from pregnancy through early parenting
  - [https://www.aamc.org/media/23621/download](https://www.aamc.org/media/23621/download)

Resources

• ABIM Clarifies Leave Policies Intended to Support Resident Physicians

• ART Success Rates, CDC
  - [https://www.cdc.gov/art/artdata/index.html#success](https://www.cdc.gov/art/artdata/index.html#success)

• IVF Success Estimator