Understanding the Epidemiology and Natural History of IBD for Clinicians
Edward V. Loftus, Jr., MD, FACG
Describe the epidemiology, natural history, and theories regarding the development of IBD, and differentiate IBD from its mimics.

Goals of Caring for the IBD Patient
Anita Afzali, MD, MPH, FACG
Analyze the available data and positioning in IBD management of patient-centered goals and published algorithms of care.

ACG Crohn’s Disease Guidelines Update
Sunanda V. Kane, MD, MSPH, FACG
Identify the key take-away points and treatment changes based on the new ACG Crohn’s Guidelines.

ACG Ulcerative Colitis Guidelines Update
David T. Rubin, MD, FACG
Identify the key take-away points and treatment changes based on the new ACG UC Guidelines.

Getting Your Patient the Medication You Prescribed: Tips and Tricks
Shivani A. Patel, PharmD, BCPS
Illustrate a methodical approach to obtaining pre-authorizations and appealing denials for medical therapies in IBD.

Drug and Disease Monitoring
Anita Afzali, MD, MPH, FACG
Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.

Timing of Surgery and Prevention of Postoperative Recurrence
Matthew A. Ciorba, MD
Outline the management of patients who are surgical candidates, and describe the management of patients in the postoperative period.

Cancer Prevention in IBD
David T. Rubin, MD, FACG
Summarize primary and secondary cancer prevention in IBD patients, including the use of chromoendoscopy.

Management of EIM: Disease-Related, Disease-Unrelated, and Therapy-Related
Edward V. Loftus, Jr., MD, FACG
Identify extra-intestinal manifestations associated with IBD, or unrelated to disease, and their management.

Complementary and Alternative Medicine in IBD
Eugenia Shmidt, MD
Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.

Diet and Nutrition
Matthew A. Ciorba, MD
Outline the evidence for different diets in managing patients with IBD.

The Pregnant Patient With IBD
Eugenia Shmidt, MD
Discuss IBD management strategies before and during pregnancy.

Microscopic Colitis
Sunanda V. Kane, MD, MSPH, FACG
Describe the epidemiology and management of microscopic colitis.