Course Director: Sara N. Horst, MD, MPH, FACG, and Arun C. Swaminath, MD, FACG

7:00 am Registration and Continental Breakfast in the Exhibit Hall

7:50 am Welcome and Introductions
Sara N. Horst, MD, MPH, FACG, and Arun C. Swaminath, MD, FACG

8:00 am Disease Monitoring and Transabdominal Intestinal Ultrasound in IBD
Simon J. Hong, MD
Incorporate disease monitoring strategies for all patients with IBD, describe the indications for intestinal ultrasound in IBD and interpret available data on its use, and anticipate the role for transmural healing as a target of treatment.

8:25 am Updates on Clinical Management of Crohn’s Disease
Sara N. Horst, MD, MPH, FACG
Identify the key take-away points and treatment changes based on the ACG Crohn's Guidelines.

8:55 am Updates on Clinical Management of Ulcerative Colitis
Arun C. Swaminath, MD, FACG
Identify the key take-away points and treatment changes based on the ACG UC Guidelines.

9:25 am Infections in IBD
Samir A. Shah, MD, FACG
Identify those infections that are associated with certain medications and how to manage or prevent them.

9:45 am Drug and Disease Monitoring
Jordan E. Axelrad, MD, MPH, FACG
Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.

10:10 am When to Involve a Colorectal Surgeon
Jonathan A. Leighton, MD, FACG
Recognize indications for surgery, outline proper timing, and describe the management of patients in the postoperative period.

10:30 am Break

11:00 am Management of Pouchitis
Samir A. Shah, MD, FACG
Discuss the symptoms, differential diagnosis, and treatment of pouch disorders.

11:25 am Cancer Prevention in IBD
Dana J. Lukin, MD, PhD, FACG
Summarize primary and secondary cancer prevention in IBD patients, including the use of augmented imaging with virtual or dye-spray chromoendoscopy.

11:45 am Getting Your Patient the Medication You Prescribed: Tips and Tricks
David Choi, PharmD, BCACP
Illustrate a methodical approach to obtaining pre-authorizations and appealing denials for medical therapies in IBD.
12:15 pm  Break / Lunch Provided

12:30 pm  Lunch – Q & A With the Faculty

1:15 pm  Break

1:30 pm  Complementary and Alternative Medicine in IBD  
Aline Charabaty, MD, FACG  
Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.

1:55 pm  Diet and Nutrition  
Jordan E. Axelrad, MD, MPH, FACG  
Outline the evidence for different diets in managing patients with IBD and discuss the effects that obesity has on IBD management and outcomes.

2:20 pm  The Pregnant Patient With IBD  
Aline Charabaty, MD, FACG  
Discuss IBD management strategies before and during pregnancy.

2:45 pm  Microscopic and Other Colitides  
Dana J. Lukin, MD, PhD, FACG  
Describe the epidemiology and management of microscopic colitis as well as other forms of colitis that can mimic IBD.

3:10 pm  Q & A With the Faculty

4:10 pm  Course Wrap-Up and Take-Away Points  
Sara N. Horst, MD, MPH, FACG, and Arun C. Swaminath, MD, FACG

4:30 pm  Course Adjourns
ACG 2024 Eastern Regional Postgraduate Course  
June 8-9, 2024  
Capital Hilton, Washington, DC

Course Directors: Atoosa Rabiee, MD, FACP, and Manish Singla, MD, FACP

Saturday, June 8, 2024

7:00 am  Registration and Continental Breakfast in the Exhibit Hall

7:40 am  Welcome and Introductions
Atoosa Rabiee, MD and Manish Singla, MD, FACP

Session 1:  Esophagus and Functional Disease  
Moderator: Marianna Papademetriou, MD

7:45 am  Evidence vs Experience: EoE Beyond Guidelines
Marianna Papademetriou, MD
Describe what is available for treatment of eosinophilic esophagitis in practice.

8:05 am  Year in Review: Motility Guidelines for General Gastroenterology
Alexandra L. Strauss, MD
Outline updates in motility guidelines as they relate to general gastroenterology practice.

8:25 am  Update in Drug Therapy in Functional Disease: What Do I Do When the Endoscopy Is Normal?
Baharak Moshiree, MD, MSc, FACP
Discuss new therapies available in irritable bowel syndrome, and how they fit with older available therapies.

8:45 am  Panel Discussion / Q & A

Session 2:  Liver  
Moderator: Atoosa Rabiee, MD

9:05 am  Updates in Liver Transplant for the General Gastroenterologist
Suzanne Robertazzi, NP
Describe updates in liver transplantation and changes in allocation policy and access to organs.

9:25 am  Year in Review: Updates on Management of Portal Hypertension
Atoosa Rabiee, MD
Review new portal hypertension guidelines and changes in practice for patients with liver disease.

9:45 am  Liver Cancer Treatment
HoChong Gilles, DNP, FNP-BC
Describe changes in treatment options for liver cancer.
10:05 am  **What the Gastroenterologist Needs to Know in Caring for Patients With Alcohol-Associated Liver Disease**  
*Po-Hung (Victor) Chen, MD, PhD, FACG*  
Explain the recent ACG Guidelines and explore treatment options for patients with alcohol use disorder that can be offered in a general gastroenterology practice.

10:25 am  Panel Discussion / Q & A

10:45 am  Break / Visit Exhibits

**Session 3: Obesity and Weight Loss Management**  
*Moderator: Marianna Papademetriou, MD*

11:05 am  **Medical Management of Weight Loss**  
*Samuel C. Muench, MD*  
Discuss advances in medical treatments available for managing weight loss.

11:25 am  **Endobariatric Options for Weight Loss Management**  
*Marianna Papademetriou, MD*  
Explore the types of endoscopic bariatric procedures available for weight loss management.

11:45 am  **The Future of Bariatric Surgery for a Changing Population**  
*Tamara Worlton, MD*  
Assess the indications and contraindications of bariatric surgery vs other weight loss therapies.

12:05 pm  Panel Discussion / Q & A

12:25 pm  Lunch Provided

1:05 pm  **Keynote Address:**  
*The Future of Gastroenterology: Improving the Delivery of Healthcare*  
*Jonathan A. Leighton, MD, FACG*  
Identify the key challenges and opportunities in GI and hepatology, and the future of medicine.

1:30 pm  Dessert in the Exhibit Hall
SATURDAY AFTERNOON GENERAL SESSIONS / HANDS-ON WORKSHOP SESSIONS*

*Hands-on workshops do not offer CME.

1:55 pm  **How to Have Difficult Conversations in the General GI Practice**  
*Manish Singla, MD, FACG*  
Describe ways to handle difficult conversations with patients and address respectful ways of being the second opinion.  

OR  

**Hands-on Workshop Session**

2:45 pm  **I’m Stuck! How to Manage the Difficult Colonoscopy When You Have Already Started**  
*Adam M. Tritsch, MD*  
Explain methods to reach the cecum or manage polypectomy in patients with a difficult-to-navigate colon without having to cancel the procedure.  

OR  

**Hands-on Workshop Session**

3:35 pm  **What Does a Name Change Mean for the General Gastroenterologist? The Journey to MAFLD!**  
*Dawn M. Torres, MD, FACG*  
Discuss changes in the nomenclature for fatty liver disease, criteria, and how to approach describing the condition for patients.  

OR  

**Hands-on Workshop Session**

4:25 pm  **The Recalcitrant Diarrhea Patient: What Testing Is Useful?**  
*Allison M. Bush, MD*  
Identify best practices around IBS-D, SIBO, lactose intolerance, and other diarrhea-genic conditions.  

OR  

**Hands-on Workshop Session**

5:10 pm  Course Adjourns for the Day
Sunday, June 8, 2024

7:00 am  Registration and Continental Breakfast in the Exhibit Hall

7:55 am  **Welcome and Announcements**  
_Atoosa Rabiee, MD, and Manish Singla, MD, FACP_

Session 4:  **Colon**  
_Moderator: Reezwana Chowdhury, MD, FACP_

8:00 am  **Updated Lower GIB Guidelines: How Do I Apply Them to My Practice?**  
_Reezwana Chowdhury, MD, FACP_
Define practical management strategies based on guidelines for lower GI bleeding.

8:20 am  **Constipation and Pelvic Floor Dysfunction: Case-Based Discussion**  
_Brooke E. Corning, MD_
Discuss management of pelvic floor dysfunction and its role in constipation.

8:40 am  **Help! This Polyp Is Too Big for Me: What to Do Before You Refer**  
_Yakira N. David, MD_
Outline steps to optimally tattoo, biopsy, and counsel your patients before sending them for EMR and/or ESD.

9:00 am  **Managing Anorectal Bleeding in the Clinic**  
_Bindu Umapathi, MD_
Discuss optimal strategies to manage outlet bleeding and discomfort in the clinic.

9:20 am  Panel Discussion / Q & A

9:40 am  Break / Visit Exhibits

Session 5:  **IBD and Pancreas**  
_Moderator: Shannon Chang, MD, MBA_

10:00 am  **Therapy De-Escalation in IBD: When and in Whom?**  
_Aline Charabaty, MD, FACP_
Review treatment de-escalation in patients with IBD and variables to consider when de-escalating.

10:20 am  **Special Considerations in Treatment of Elderly Patients With IBD**  
_Shannon Chang, MD, MBA_
Discuss variables to consider in management of elderly patients with IBD.

10:40 am  **New Oral Therapies in IBD: Who and When?**  
_Erica R. Cohen, MD_
Discuss new oral therapies for IBD, patients for whom their use may be appropriate, and whether to use them in treatment-naive patients.
11:00 am  **Chronic Pancreatitis and Exocrine Pancreatic Insufficiency**  
*Jodie A. Barkin, MD, FACG*
Identify the best practices in managing chronic pancreatitis, and addressing EPI without evidence of chronic pancreatitis.

11:20 am  Panel Discussion / Q & A

11:40 am  Course Wrap-Up and Take-Away Points  
*Atoosa Rabiee, MD, and Manish Singla, MD, FACG*

12:00 noon  Course Adjourns