

ACG Functional GI and Motility Disorders School
Exploring Disorders of Gut-Brain Interaction
Friday, August 25, 2023
Minneapolis, MN

7:00 am **Registration and Continental Breakfast**

8:00 am **Welcome and Introductions**

William D. Chey, MD, FACG, and Rena H. Yadlapati, MD, MSHS, FACG

SESSION 1: Upper GI Disorders

8:10 am **Achalasia and Other Esophageal Motility Abnormalities: When and When Not to Worry**

Rena H. Yadlapati, MD, MSHS, FACG

Review the latest diagnostic criteria for esophageal motility disorders and their treatment options.

8:35 am **Heartburn and Chest Pain: How to Tell Where the Burn Is Coming From**

Amit Patel, MD, FACG

Provide recommendations on diagnostic evaluation of heartburn and non-cardiac chest pain.

9:00 am **Persistent Nausea: How to Avoid Throwing Up Your Hands**

Baharak Moshiree, MD, MSCI, FACG

Explain the differential diagnoses, diagnostic evaluation, and treatment options for patients with chronic nausea.

9:25 am **Functional Dyspepsia: Different Strokes for Different Folks**

Darren M. Brenner, MD, FACG

Identify evidence-based treatment options for functional dyspepsia.

9:40 am **Panel Discussion / Q & A**

10:00 am **Break**

SESSION 2: Irritable Bowel Syndrome

10:20 am **Confidently Diagnosing IBS: Not as Hard as You Think**

Nitin K. Ahuja, MD, MS

Explain efficient, cost-effective evaluations of patients with IBS symptoms.

10:40 am **Is IBS a Microbiome-Based Disorder?**

Baharak Moshiree, MD, MSCI, FACG

Review the evidence which links the gut microbiome to the pathogenesis and treatment of IBS.

11:00 am **Medical Treatments for IBS: Which Options Are Evidence-Based?**

Nitin K. Ahuja, MD,

Describe the indications, dosing, efficacy, and adverse event profiles of OTC and prescription drugs for IBS.

- 11:30 am** **Panel Discussion / Q & A**
- 11:50 am** **Break – Lunch Provided**
- 12:10 pm** **Optimizing Patient-Provider Communication (Luncheon Presentation)**
Douglas A. Drossman, MD, MACG and Johannah Ruddy, M.Ed.
Demonstrate the tools needed to actively listen and effectively communicate complicated and difficult concepts to patients with FGIDs, and highlight ways to incorporate equity and inclusion into patient interactions.
- 12:50 pm** **Supplements and CAM Therapies for IBS**
Eric D. Shah, MD, MBA, FACG
Identify evidence-based supplements and CAM therapies for patients with IBS.
- 1:10 pm** **Diet Therapies for IBS: Is Food Really Medicine?**
William D. Chey, MD, FACG
Recognize the evidence supporting exercise, diet, and CAM therapies for IBS.
- 1:30 pm** **Behavioral Therapies for FGIDs: Understanding the Gut-Brain Axis**
Megan E. Riehl, PsyD, MA
Identify indications, techniques, and effectiveness of behavioral therapies for DGBI.
- 1:50 pm** **Practice Pearl #1: Digital Behavioral Health Toolbox: What’s in Your Wallet?**
Megan E. Riehl, PsyD, MA
Identify digital tools which can offer behavioral health techniques to practices without access to a GI psychologist.
- 2:05 pm** **Panel Discussion / Q & A**
- 2:25 pm** **Break**
SESSION 3: Chronic Constipation
- 2:45 pm** **The Chronically Constipated Patient: Which Tests When?**
Eric D. Shah, MD, MBA, FACG
Review tests for colon transit and anorectal function, when to use them, and what they can reveal about patients with chronic constipation.
- 3:05 pm** **Treatment of Chronic Constipation: Highlights From the ACG/AGA Clinical Practice Guideline**
William D. Chey, MD, FACG
Discuss the key recommendations on treatment of chronic constipation from the ACG/AGA Clinical Practice Guideline.
- 3:30 pm** **Practice Pearl #2: Toileting Tips: Advice for a Successful Outcome**
William D. Chey, MD, FACG
Identify the key techniques to teach patients with dyssynergic defecation and fecal incontinence.
- 3:45 pm** **Panel Discussion / Q & A**
- 4:00 pm** **Course Adjourns**

ON-DEMAND ONLY

These recorded lectures can be accessed using the ACG app.

Fecal Incontinence: Overflowing Options

Stacy B. Menees, MD, MS

Identify the epidemiology, risk factors, diagnostic evaluation, and treatment of fecal incontinence.

Neuromodulators: Making the Right Choice for Your Patient

Douglas A. Drossman, MD, MACG

Describe the different neuromodulators available for patients with disorders of gut-brain interaction, and how to select the appropriate option.

Practice Pearl #3: Physical Therapy for Patients With Pelvic Floor Disorders: A Primer for Gastroenterologists

Jen Shifferd, PT, CLT, WCS

Explain the concepts underlying physical therapy, and provide practical tips for use in patients with constipation and fecal incontinence.

Practice Pearl #4: Essentials for Teaching the Low FODMAP Diet

Emily A. Haller, MS, RDN

Review the information and digital resources needed to teach patients to use the low FODMAP diet in an effective and safe manner.

ACG 2023 Midwest Regional Postgraduate Course
August 26-27, 2023
Minneapolis, MN

Course Directors:

Sonali Paul, MD, MS, and Jessica R. Philpott, MD, PhD

Saturday, August 26, 2023

7:00 am Registration and Continental Breakfast / Visit Exhibit Hall

8:00 am Welcome Remarks and Introductions
Sonali Paul, MD, MS, and Jessica R. Philpott, MD, PhD

Session 1: Inflammatory Bowel Disease

Moderator: Jessica R. Philpott, MD, PhD

8:10 am **Positioning Advanced Therapies for Therapy of Moderate to Severe Ulcerative Colitis**

Dawn B. Beaulieu, MD, FACG

Describe considerations when choosing initial and subsequent therapies for UC.

8:30 am **When and How to Change Crohn's Therapy**

David T. Rubin, MD, FACG

Review when a change in therapy for Crohn's may or may not be warranted, and how to assess and monitor outcomes.

8:50 am **Food as Medicine for Inflammatory Bowel Disease**

Jason K. Hou, MD, MS, FACG

Describe evidence supporting food therapy for IBD, the role of the microbiome, and the most commonly studied dietary interventions.

9:10 am Panel Discussion / Q & A

Session 2: Hepatology

Moderator: Sonali Paul, MD, MS

9:25 am **Updates in Primary Biliary Cholangitis and Primary Sclerosing Cholangitis**

Priya Maddur, MD

Summarize updates in the management of patients with PBC and PSC.

9:45 am **Alcohol-Related Liver Disease: The Gastroenterologist's Role**

Archita P. Desai, MD

Discuss the role of the gastroenterologist in the diagnosis and management of alcohol-associated liver disease.

10:05 am **Evaluation and Management of Decompensated Cirrhosis**

Amanda C. Cheung, MD

Explain updates in the management strategies for portal hypertension and its complications including varices, ascites, encephalopathy, and hepatorenal syndrome, with specific emphasis on prophylactic beta blockers and terlipressin for hepatorenal syndrome.

10:25 am Panel Discussion / Q & A

10:40 am Refreshment Break / Visit the Exhibit Hall

Session 3: Small Bowel and Functional Gastrointestinal Disorders

Moderator: Laurie A. Keefer, PhD

11:00 am **Celiac Disease in 2023: Updated ACG Guidelines**

Alberto Rubio-Tapia, MD

Describe best practices in longitudinal management of patients with celiac disease, including testing and diagnosis.

11:20 am **How I Do It: The Pharmacology of Treating Functional Bowel Disorders With a Focus on Psychopharmacologic Medications**

Laurie A. Keefer, PhD

Outline a practical approach in terms of using psychopharmacologies in patients with disorders of the brain-gut axis.

11:40 am **Micronutrient Deficiencies in Small Bowel Disease (IBD, Celiac Enteropathy, IBS)**

Carol E. Semrad, MD, FACG

Delineate commonly occurring micronutrient deficiencies in small bowel disease, and best practices for testing and management.

12:00 Noon Panel Discussion / Q & A

12:15 PM Break / Lunch Provided

12:35 pm **Working Luncheon Presentation OR Networking Lunch & Visit the Exhibit Hall**

Transgender Health in Gastroenterology

Laura Targownik, MD

Review terminology and specific health concerns that transgender and non-binary people face in gastroenterology, with an emphasis on how to provide inclusive care.

Session 4: Colon

Moderator: Jessica R. Philpott, MD, PhD

- 1:15 pm **Immunotherapy- (Checkpoint) Induced Mucosal Gastrointestinal Disorders**
Yinghong Wang, MD, FACC
Describe the common mucosal complications of immunotherapy (checkpoint inhibitors) and map out best practices for managing checkpoint colitis or enteropathy.
- 1:35 pm **Polyp Recognition and Approach to Resection**
Dennis J. Yang, MD, FACC
Explain the common etiology of LGI bleeding, best practices for in-patient management, and how the gastroenterologist, radiologist, and surgeon can collaborate on care.
- 1:55 pm **Practical Approach to Constipation in 2023**
Darren M. Brenner, MD, FACC
Discuss testing and diagnosis for constipation, available pharmacologic options for therapy, and pelvic floor dyssynergy.
- 2:15 pm Panel Discussion / Q & A
- 2:30 pm Dessert in the Exhibit Hall

SATURDAY AFTERNOON GENERAL SESSIONS

- 2:50 pm **The 1% of Published “Evidence” in 2023 That Impacts Your Practice: A Review of Evidence-Based GI**
Philip S. Schoenfeld, MD, MEd, MScEpi, FACC
Identify research published in the past 12 months that will impact GI practice.
- 3:10 pm Q & A
- 3:20 pm **How I Do It: Important Things to Do When You See “Fatty Liver” on Imaging**
Kathleen Corey, MD
Highlight the risk factors for NAFLD, and provide updates on non-invasive testing and management.
- 3:40 pm Q & A
- 3:50 pm **How I Do It: Approach to Obesity**
Christopher G. Chapman, MD
Summarize non-surgical approaches to managing obesity including diet and the newest pharmaceuticals.
- 4:10 pm Q & A
- 4:20 pm **Evaluation and Management of Post-Bariatric Complications**
Violeta B. Popov, MD, PhD
Assess peri-procedural risk in performing endoscopic procedures in patients with obesity, and endoscopic management of adverse events associated with bariatric surgery.
- 4:40 pm Q & A

4:50 pm Course Adjourns for the Day

Sunday, August 27, 2023

7:00 am Continental Breakfast / Visit the Exhibit Hall

7:55 am Welcome and Announcements
Sonali Paul, MD, MS, and Jessica R. Philpott, MD, PhD

Session 5: Pancreatobiliary Conundrums

Moderator: Mohammad Bilal, MD

8:00 am **Acute Pancreatitis: To Resuscitate or Not to Resuscitate -- Is That the Question?**
Sajan Nagpal, MD
Discuss the advancements and changes in managing acute pancreatitis.

8:20 am **IPMN: An Innocent Incidentaloma?**
Mohammad Bilal, MD
Describe optimal management of all pancreatic cysts.

8:40 am **When to Refer to an Advanced Endoscopist? Guidelines for Gastroenterologists**
Christopher G. Chapman, MD
Identify appropriate timing and referrals to advanced endoscopists with regard to pancreatic lesions and other endoscopic complexities.

9:00 am Panel Discussion / Q & A

9:20 am Refreshment Break / Visit the Exhibit Hall

Session 6: Foregut and Beyond

Moderator: Nirmala Gonsalves, MD, FACC

9:40 am **Management of GERD: Beyond the PPI**
Katarina B. Greer, MD, MS Epi
Describe the evaluation and management of patients with GERD symptoms that do not respond to a PPI, and the role of reflux monitoring in the evaluation of GERD.

10:00 am **Updates in Eosinophilic Esophagitis**
Nirmala Gonsalves, MD, FACC
Discuss updates in the evaluation and management of eosinophilic esophagitis.

10:20 am ***H. pylori*: What Do the New Guidelines Say?**
William D. Chey, MD, FACC
Summarize the first-line and salvage therapies for *H. pylori* infection based on the updated ACG guidelines.

10:40 am Panel Discussion / Q & A

11:00 am Course Wrap-Up and Take-Away Points
Sonali Paul, MD, MS, and Jessica R. Philpott, MD, PhD