AUGUST 25–27, 2023
RADISSON BLU MALL OF AMERICA
MINNEAPOLIS, MINNESOTA

2023
ACG FUNCTIONAL GI & MOTILITY DISORDERS
SCHOOL & MIDWEST
REGIONAL POSTGRADUATE COURSE

ACG FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL
EARN UP TO 8.5 CME CREDITS | EARN UP TO 8.5 MOC POINTS

MIDWEST REGIONAL POSTGRADUATE COURSE
EARN UP TO 10.75 CME CREDITS | EARN UP TO 10.75 MOC POINTS
MARK YOUR CALENDAR AND JOIN YOUR COLLEAGUES FOR THE ACG FUNCTIONAL GI AND MOTILITY DISORDERS SCHOOL AND MIDWEST REGIONAL POSTGRADUATE COURSE, AUGUST 25-27, 2023, IN MINNEAPOLIS.

Both programs will take place at the Radisson Blu Mall of America. The hotel offers a free shuttle service to the Minneapolis-St. Paul Airport and direct access via skyway to the Mall of America. For a taste of the arts, purchase tickets to a show at the Guthrie Theater, stroll through the Minneapolis Sculpture Garden, or browse through the Minneapolis Institute of Art. Explore the great outdoors and take a hike around Minnehaha Falls, or visit the Minnesota Valley National Wildlife Refuge.

For more on what there is to see and do in Minneapolis, please visit minneapolis.org.

WHO SHOULD ATTEND

These programs are designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, nurse practitioners, and other members of the health care team interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.
PROGRAM DESCRIPTION

ACG Functional GI and Motility Disorders School

Functional GI conditions such as irritable bowel syndrome and chronic idiopathic constipation are among the most prevalent functional diseases in the U.S. IBS is the most common disease diagnosed by gastroenterologists and one of the most common disorders seen by primary care physicians. These conditions can cause a level of personal suffering and disability in patients that is often not understood by healthcare providers. ACG’s Functional GI and Motility Disorders School will review current goals of therapy and management strategies for IBS, utilizing the recent ACG Clinical Guideline for the Management of Irritable Bowel Syndrome as a primary resource. As part of a comprehensive approach to determining and assessing ways to improve communication, diagnosis, and management of patients with IBS, CIC, and other functional GI diseases, the Functional GI and Motility Disorders School program will have a direct impact on clinicians for the delivery of care.

Midwest Regional Postgraduate Course

The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice and addresses management updates in a variety of gastrointestinal and hepatic areas. During this course, multiple areas will be covered, including inflammatory bowel disease, hepatology, small bowel and functional gastrointestinal disorders, colon, pancreaticobiliary conundrums, and the foregut and beyond. The structure of the program includes a mix of didactic presentations delivered by expert faculty, breakout sessions, case presentations, and significant Q&A opportunities.
FRIDAY, AUGUST 25, 2023

7:00 am  Registration and Continental Breakfast

8:00 am  Welcome and Introductions
William D. Chey, MD, FACG, and
Rena H. Yadlapati, MD, MSHS, FACG

SESSION 1: Upper GI Disorders

8:10 am  Achalasia and Other Esophageal Motility Abnormalities: When and When Not to Worry
Rena H. Yadlapati, MD, MSHS, FACG
Review the latest diagnostic criteria for esophageal motility disorders and their treatment options.

8:35 am  Heartburn and Chest Pain: How to Tell Where the Burn Is Coming From
Amit Patel, MD, FACG
Provide recommendations on diagnostic evaluation of heartburn and non-cardiac chest pain.

9:00 am  Persistent Nausea: How to Avoid Throwing Up Your Hands
Baharak Moshiree, MD, MSCI, FACG
Explain the differential diagnoses, diagnostic evaluation, and treatment options for patients with chronic nausea.

9:25 am  Functional Dyspepsia: Different Strokes for Different Folks
Darren M. Brenner, MD, FACG
Identify evidence-based treatment options for functional dyspepsia.

9:40 am  Panel Discussion / Q & A

10:00 am  Break

SESSION 2: Irritable Bowel Syndrome

10:20 am  Confidently Diagnosing IBS: Not as Hard as You Think
Nitin K. Ahuja, MD, MS
Explain efficient, cost-effective evaluations of patients with IBS symptoms.

10:40 am  Is IBS a Microbiome-Based Disorder?
Baharak Moshiree, MD, MSCI, FACG
Review the evidence which links the gut microbiome to the pathogenesis and treatment of IBS.

11:00 am  Medical Treatments for IBS: Which Options Are Evidence-Based?
Nitin K. Ahuja, MD, MS
Describe the indications, dosing, efficacy, and adverse event profiles of OTC and prescription drugs for IBS.

11:30 am  Panel Discussion / Q & A

11:50 am  Break – Lunch Provided

12:10 pm  Optimizing Patient-Provider Communication (Luncheon Presentation)
Douglas A. Drossman, MD, MACG, and Johannah Ruddy, M.Ed.
Demonstrate the tools needed to actively listen and effectively communicate complicated and difficult concepts to patients with FGIDs, and highlight ways to incorporate equity and inclusion into patient interactions.
12:50 pm  Supplements and CAM Therapies for IBS
   Eric D. Shah, MD, MBA, FACP
   Identify evidence-based supplements and CAM therapies for patients with IBS.

1:10 pm  Diet Therapies for IBS: Is Food Really Medicine?
   William D. Chey, MD, FACP
   Recognize the evidence supporting exercise, diet, and CAM therapies for IBS.

1:30 pm  Behavioral Therapies for FGIDs: Understanding the Gut-Brain Axis
   Megan E. Riehl, PsyD, MA
   Identify indications, techniques, and effectiveness of behavioral therapies for DGBI.

1:50 pm  Practice Pearl #1: Digital Behavioral Health Toolbox: What’s in Your Wallet?
   Megan E. Riehl, PsyD, MA
   Identify digital tools which can offer behavioral health techniques to practices without access to a GI psychologist.

2:05 pm  Panel Discussion / Q & A

2:25 pm  Break

SESSION 3: Chronic Constipation

2:45 pm  The Chronically Constipated Patient: Which Tests When?
   Eric D. Shah, MD, MBA, FACP
   Review tests for colon transit and anorectal function, when to use them, and what they can reveal about patients with chronic constipation.

3:05 pm  Treatment of Chronic Constipation: Highlights From the ACG/AGA Clinical Practice Guideline
   William D. Chey, MD, FACP
   Discuss the key recommendations on treatment of chronic constipation from the ACG/AGA Clinical Practice Guideline.

3:30 pm  Practice Pearl #2: Toileting Tips: Advice for a Successful Outcome
   William D. Chey, MD, FACP
   Identify the key techniques to teach patients with dyssynergic defecation and fecal incontinence.

3:45 pm  Panel Discussion / Q & A

4:00 pm  Course Adjourns

BONUS! Access to these pre-recorded on-demand lectures is included with Functional School registration.

Fecal Incontinence: Overflowing Options
   Stacy B. Menees, MD, MS
   Identify the epidemiology, risk factors, diagnostic evaluation, and treatment of fecal incontinence.

Neuromodulators: Making the Right Choice for Your Patient
   Douglas A. Drossman, MD, MACG
   Describe the different neuromodulators available for patients with disorders of gut-brain interaction, and how to select the appropriate option.

Practice Pearl #3: Physical Therapy for Patients With Pelvic Floor Disorders: A Primer for Gastroenterologists
   Jen Shifferd, PT, CLT, WCS
   Explain the concepts underlying physical therapy, and provide practical tips for use in patients with constipation and fecal incontinence.

Practice Pearl #4: Essentials for Teaching the Low FODMAP Diet
   Emily A. Haller, MS, RDN
   Review the information and digital resources needed to teach patients to use the low FODMAP diet in an effective and safe manner.
COURSE DIRECTORS:

SONALI PAUL, MD, MS

JESSICA R. PHILPOTT, MD, PHD

SATURDAY, AUGUST 26, 2023

7:00 am  Registration and Continental Breakfast / Visit Exhibit Hall

8:00 am  Welcome and Introductions
Sonali Paul, MD, MS, and
Jessica R. Philpott, MD, PhD

SESSION 1: Inflammatory Bowel Disease
Moderator: Jessica R. Philpott, MD, PhD

8:10 am  Positioning Advanced Therapies for Therapy of Moderate to Severe Ulcerative Colitis
Dawn B. Beaulieu, MD, FACG
Describe considerations when choosing initial and subsequent therapies for UC.

8:30 am  When and How to Change Crohn’s Therapy
David T. Rubin, MD, FACG
Review when a change in therapy for Crohn’s may or may not be warranted, and how to assess and monitor outcomes.

8:50 am  Food as Medicine for Inflammatory Bowel Disease
Jason K. Hou, MD, MS, FACG
Describe evidence supporting food therapy for IBD, the role of the microbiome, and the most commonly studied dietary interventions.

9:10 am  Panel Discussion / Q & A

SESSION 2: Hepatology
Moderator: Sonali Paul, MD, MS

9:25 am  Updates in Primary Biliary Cholangitis and Primary Sclerosing Cholangitis
Haripriya Maddur, MD
Summarize updates in the management of patients with PBC and PSC.

9:45 am  Alcohol-Related Liver Disease: The Gastroenterologist’s Role
Archita P. Desai, MD
Discuss the role of the gastroenterologist in the diagnosis and management of alcohol-associated liver disease.

10:05 am  Evaluation and Management of Decompensated Cirrhosis
Amanda C. Cheung, MD
Explain updates in the management strategies for portal hypertension and its complications including varices, ascites, encephalopathy, and hepatorenal syndrome, with specific emphasis on prophylactic beta blockers and terlipressin for hepatorenal syndrome.
SESSION 3: Small Bowel and Functional Gastrointestinal Disorders
Moderator: Laurie A. Keefer, PhD

11:00 am Celiac Disease in 2023: Updated ACG Guidelines
Alberto Rubio-Tapia, MD
Describe best practices in longitudinal management of patients with celiac disease, including testing and diagnosis.

11:20 am How I Do It: The Pharmacology of Treating Functional Bowel Disorders With a Focus on Psychopharmacologic Medications
Laurie A. Keefer, PhD
Outline a practical approach in terms of using psychopharmacologics in patients with disorders of the brain-gut axis.

11:40 am Micronutrient Deficiencies in Small Bowel Disease (IBD, Celiac Enteropathy, IBS)
Carol E. Semrad, MD, FACG
Delineate commonly occurring micronutrient deficiencies in small bowel disease, and best practices for testing and management.

SESSION 4: Colon
Moderator: Jessica R. Philpott, MD, PhD

1:15 pm Immunotherapy-(Checkpoint) Induced Mucosal Gastrointestinal Disorders
Yinghong Wang, MD, FACG
Describe the common mucosal complications of immunotherapy (checkpoint inhibitors) and map out best practices for managing checkpoint colitis or enteropathy.

1:35 pm Polyp Recognition and Approach to Resection
Dennis J. Yang, MD, FACG
Detail a practical and effective approach to polyp detection and resection based on size and location.

1:55 pm Practical Approach to Constipation in 2023
Darren M. Brenner, MD, FACG
Discuss testing and diagnosis for constipation, available pharmacologic options for therapy, and pelvic floor dyssynergy.

2:15 pm Panel Discussion / Q & A

2:30 pm Dessert in the Exhibit Hall

REGISTER BY JULY 10 AND SAVE!
2:50 pm  The 1% of Published “Evidence” in 2023 That Impacts Your Practice: A Review of Evidence-Based GI
Philip S. Schoenfeld, MD, MSED, MScEpi, FACG
Identify research published in the past 12 months that will impact GI practice.

3:10 pm  Q & A

3:20 pm  How I Do It: Important Things to Do When You See “Fatty Liver” on Imaging
Kathleen Corey, MD
Highlight the risk factors for NAFLD, and provide updates on non-invasive testing and management.

3:40 pm  Q & A

3:50 pm  How I Do It: Approach to Obesity
Christopher G. Chapman, MD
Summarize non-surgical approaches to managing obesity including diet and the newest pharmaceuticals.

4:10 pm  Q & A

4:20 pm  Evaluation and Management of Post-Bariatric Complications
Violeta B. Popov, MD, PhD, FACG
Assess peri-procedural risk in performing endoscopic procedures in patients with obesity, and endoscopic management of adverse events associated with bariatric surgery.

4:40 pm  Q & A

4:50 pm  Course Adjourns for the Day
SUNDAY, AUGUST 27, 2023

7:00 am  Continental Breakfast / Visit the Exhibit Hall

7:55 am  Welcome and Announcements
         Sonali Paul, MD, MS, and
         Jessica R. Philpott, MD, PhD

SESSION 5: Pancreatobiliary Conundrums
Moderator: Mohammad Bilal, MD

8:00 am  Acute Pancreatitis: To Resuscitate or Not to Resuscitate—Is That the Question?
         Sajan Nagpal, MD
         Discuss the advancements and changes in managing acute pancreatitis.

8:20 am  IPMN: An Innocent Incidentaloma?
         Mohammad Bilal, MD
         Describe optimal management of all pancreatic cysts.

8:40 am  When to Refer to an Advanced Endoscopist? Guidelines for Gastroenterologists
         Christopher G. Chapman, MD
         Identify appropriate timing and referrals to advanced endoscopists with regard to pancreatic lesions and other endoscopic complexities.

9:00 am  Panel Discussion / Q & A

9:20 am  Break / Visit the Exhibit Hall

SESSION 6: Foregut and Beyond
Moderator: Nirmala Gonsalves, MD, FACG

9:40 am  Management of GERD: Beyond the PPI
         Katarina B. Greer, MD, MS Epi
         Describe the evaluation and management of patients with GERD symptoms that do not respond to a PPI, and the role of reflux monitoring in the evaluation of GERD.

10:00 am  Updates in Eosinophilic Esophagitis
           Nirmala Gonsalves, MD, FACG
           Discuss updates in the evaluation and management of eosinophilic esophagitis.

10:20 am  H. pylori: What Do the New Guidelines Say?
           William D. Chey, MD, FACG
           Summarize the first-line and salvage therapies for H. pylori infection based on the updated ACG guidelines.

10:40 am  Panel Discussion / Q & A

11:00 am  Course Wrap-Up and Take-Away Points
          Sonali Paul, MD, MS, and
          Jessica R. Philpott, MD, PhD

11:15 am  Course Adjourns
REGISTRATION INFORMATION

There are separate registration fees for the ACG Functional School and the Midwest Regional Postgraduate Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for Functional School attendees, lunch on Saturday for Midwest Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is unavailable. A full refund of registration fees will be given, less a $25 administrative fee, if written notice of cancellation is received by ACG on July 10, 2023. No refunds will be given after this date. Attendees must register online at meetings.gi.org.

### ACG’S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL

<table>
<thead>
<tr>
<th>ACG MEMBER TYPE</th>
<th>EARLY BIRD (After 7/10)</th>
<th>FEE (After 7/10)</th>
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<tr>
<td>Physician</td>
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</tr>
<tr>
<td>Associate / Advanced Practice Provider</td>
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### NON-MEMBER TYPE

| Physician / PharmD / PhD / Guest | $175 | $250 |
| Resident / Trainee               | $175 | $250 |
| NP / PA / Allied Health (RN, LPN) | $175 | $250 |

### MIDWEST REGIONAL POSTGRADUATE COURSE

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### NON-MEMBER TYPE

| Physician / PharmD / PhD / Guest | $549 | $599 |
| Resident / Trainee               | $229 | $304 |
| NP / PA / Allied Health (RN, LPN) | $349 | $424 |

### MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the ACG Mobile App. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. (NOTE: A printed syllabus will not be provided.)
ACCREDITATION / CME / MOC

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG Functional GI and Motility Disorders School

The American College of Gastroenterology designates this other activity (blended learning) for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.5 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Midwest Regional Postgraduate Course

The American College of Gastroenterology designates this live activity for a maximum of 10.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.75 Medical Knowledge MOC points in the ABIM’s MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS

The programs will be held at the Radisson Blu Mall of America located at 2100 Killebrew Drive, Bloomington, MN 55425. The rate is $179/night + tax (currently 14.5%).

Book online: bit.ly/acg-midwest-2023 or call 1-952-881-5258

Reservations must be made by 5:00 pm ET on July 10, 2023 in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and on a first-come, first-served basis. Once ACG’s room block is sold out, the hotel may charge a higher rate for any additional rooms made available. Requests for reservations received after this date will be on a space-available basis only. All reservations require a deposit of one night’s room and tax. Cancellations made within 72 hours of check-in will be charged one night’s room and tax.

MORE INFORMATION

For more information about these programs, contact ACG at education@gi.org. Americans with Disabilities Act (ADA): Attendees of these programs who need additional reasonable accommodations or who have special needs (including dietary needs) should contact the ACG office at registration@gi.org no later than July 10, 2023.
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meetings.gi.org

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