



DECEMBER 1-3, 2023

RENAISSANCE NASHVILLE HOTEL • NASHVILLE, TN



2023

ACG'S IBD SCHOOL & SOUTHERN

REGIONAL POSTGRADUATE COURSE

ACG'S IBD SCHOOL

EARN **8 CME** CREDITS | EARN **8 MOC** POINTS

SOUTHERN REGIONAL POSTGRADUATE COURSE

EARN **12.75 CME** CREDITS | EARN **12.75 MOC** POINTS

2023

ACG'S IBD SCHOOL & SOUTHERN REGIONAL POSTGRADUATE COURSE

JOIN COLLEAGUES IN NASHVILLE FOR ACG'S 1-DAY IBD SCHOOL AND WEEKEND SOUTHERN REGIONAL POSTGRADUATE COURSE.

Both programs will take place at the Renaissance Nashville Hotel, ideally located within walking distance of many of Music City's points of interest, including Bridgestone Arena, the Ryman Auditorium, Assembly Food Hall, and more. Whether you are a sports fan, a music lover, or a foodie, there are a wide variety of things to see and do in this exciting city.

➡ For more on what there is to see and do in Nashville, please visit [visitmusiccity.com](https://www.visitmusiccity.com).



WHO SHOULD ATTEND

BRING YOUR WHOLE PRACTICE! This program was developed specifically for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, nurse practitioners, physician assistants, pharmacists, therapists, and other members of the GI patient care team.

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PROGRAM DESCRIPTION

ACG's IBD School

Led by Course Directors David T. Rubin, MD, FACG, and Sunanda V. Kane, MD, MSPH, FACG, ACG's IBD School is a day-long interactive program offered on Friday, December 1, that features leading experts who will discuss the latest updates in IBD management. The program will provide an immersion in IBD diagnosis and treatment, as well as clinical updates on new therapeutic modalities and approaches. The course also highlights preventative care and management of IBD, including vaccination. This program is designed to enable clinical gastroenterologists and their advanced practice provider colleagues to diagnose and treat patients more efficiently.

Southern Regional Postgraduate Course

Led by Course Directors Evan S. Dellon, MD, MPH, FACG, and Rathin Narayan, MD, MBA, FACG, the Southern Regional Postgraduate Course, offered on Saturday and Sunday, December 2-3, will explore areas that gastroenterologists often face in clinical practice and address management updates in a variety of gastrointestinal and hepatic areas. This course will cover multiple topics, including IBD, esophagus, GI motility, upper and lower GI potpourri, and liver. The program's structure includes didactic presentations delivered by expert faculty, case presentations, hands-on workshops, and significant question-and-answer opportunities.



**REGISTER BY OCTOBER 27 AND SAVE:
MEETINGS.GI.ORG**

COURSE DIRECTORS:



DAVID T. RUBIN, MD, FACG



SUNANDA V. KANE, MD, MSPH, FACG

FRIDAY, DECEMBER 1, 2023

7:00 am Registration and Continental Breakfast

7:50 am Welcome and Introductions
David T. Rubin, MD, FACG, and Sunanda V. Kane, MD, MSPH, FACG

8:00 am Disease Monitoring and Transabdominal Intestinal Ultrasound in IBD
Noa Krugliak-Cleveland, MD
Incorporate disease monitoring strategies for all patients with IBD, describe the indications for intestinal ultrasound and interpret available data on its use in IBD, and anticipate the role for transmural healing as a target of treatment.

8:25 am Updates on Clinical Management of Crohn's Disease

Stephen J. Bickston, MD, FACG
Identify the key take-away points and treatment changes based on the ACG Crohn's Guidelines.

8:55 am Updates on Clinical Management of Ulcerative Colitis

Ruby C. Greywoode, MD, MS
Identify the key take-away points and treatment changes based on the ACG UC Guidelines.

9:25 am Infections in IBD

Sara N. Horst, MD, MPH, FACG
Identify those infections that are associated with certain medications and how to manage or prevent them.

9:45 am Drug and Disease Monitoring
Sunanda V. Kane, MD, MSPH, FACG

Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.

10:10 am When to Involve a Colorectal Surgeon

Jonathan A. Leighton, MD, FACG
Recognize indications for surgery, outline proper timing, and describe the management of patients in the postoperative period.



10:30 am Break / Visit Exhibits

11:00 am Management of Pouchitis

Jonathan A. Leighton, MD, FACG

Discuss the symptoms, differential diagnosis, and treatment of pouch disorders.

11:25 am Cancer Prevention in IBD

Sara N. Horst, MD, MPH, FACG

Summarize primary and secondary cancer prevention in IBD patients, including the use of augmented imaging with virtual or dye-spray chromoendoscopy.

11:45 am Getting Your Patient the Medication You Prescribed: Tips and Tricks

David Choi, PharmD

Illustrate a methodical approach to obtaining pre-authorizations and appealing denials for medical therapies in IBD.

12:15 pm Break – Lunch Provided

12:30 pm Lunch With the Faculty and Case Presentations / Q & A

David T. Rubin, MD, FACG

1:15 pm Break / Visit Exhibits

1:30 pm Complementary and Alternative Medicine in IBD

Stephen J. Bickston, MD, FACG

Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.

1:55 pm Diet and Nutrition

Sunanda V. Kane, MD, MSPH, FACG

Outline the evidence for different diets in managing patients with IBD and discuss the effects that obesity has on IBD management and outcomes.

2:20 pm The Pregnant Patient With IBD

Sunanda V. Kane, MD, MSPH, FACG

Discuss IBD management strategies before and during pregnancy.

2:45 pm Microscopic and Other Colitides

Ruby C. Greywoode, MD, MS

Describe the epidemiology and management of microscopic colitis as well as other forms of colitis that can mimic IBD.

3:10 pm Q & A With the Faculty

4:10 pm Course Wrap-Up and Take-Away Points

David T. Rubin, MD, FACG

4:30 pm Course Adjourns



COURSE DIRECTORS:



EVAN S. DELLON, MD, MPH, FACG



RATHI NARAYAN, MD, MBA, FACG

SATURDAY, DECEMBER 2, 2023

7:00 am Registration and Continental Breakfast in the Exhibit Hall

7:40 am Welcome and Introductions
Evan S. Dellon, MD, MPH, FACG, and Rathi Narayan, MD, MBA, FACG

SESSION 1: IBD

Moderator: Jonathan A. Leighton, MD, FACG

7:45 am Practical Issues in Therapeutic Drug Monitoring
Jonathan A. Leighton, MD, FACG
Explain a case-based approach to therapeutic drug monitoring in IBD.

8:05 am New IBD Medications and Biosimilars – When, How, and How Long?
Millie D. Long, MD, MPH, FACG
Provide an evidence-based approach to optimize therapy in IBD.

8:25 am Side Effects of IBD Medications
Eugenia Shmidt, MD

Describe the safety considerations for various IBD medications including their use before, during, and after pregnancy.

8:45 am Employing a Holistic Approach in IBD
Monika Fischer, MD, MS, FACG
Explore a holistic approach to IBD patient care including nutrition and alternative therapies.

9:05 am Panel Discussion / Q & A

SESSION 2: Esophagus

Moderator: Evan S. Dellon, MD, MPH, FACG

9:25 am Applying the ACG BE Guidelines to Clinical Practice
Rhonda Souza, MD
Discuss the most recent guidance for Barrett's esophagus screening, surveillance, and treatment in practice.

9:45 am Positioning Biologics in the Treatment Algorithm of EoE
Evan S. Dellon, MD, MPH, FACG
Define when and how emerging treatments for eosinophilic esophagitis could be used.

REGISTER BY
OCTOBER 27 AND
SAVE!



10:05 am Extra-Esophageal GERD – How “Extra” Is It?

Michael F. Vaezi, MD, PhD, MSc (Epi), FACG

Describe the definition and treatment approaches to extra-esophageal and atypical presentations of gastroesophageal reflux disease.

10:25 am Panel Discussion / Q & A

10:45 am Break / Visit Exhibits

SESSION 3: GI Motility

Moderator: Baharak Moshiree, MD, MSc, FACG

11:05 am From Functional to DGBI: What's in a Name?

Baharak Moshiree, MD, MSc, FACG

Discuss the most recent updates in diagnosis and treatment of disorders of gut-brain interaction.

11:25 am Gastroparesis Update From the ACG Guidelines

Linda Anh B. Nguyen, MD, FACG

Review the most recent guidance for gastroparesis diagnosis and treatment, and provide clinical pearls.

11:45 am Treatment of Non-Achalasia Esophageal Motility Disorders

Jennifer Wellington, DO

Provide pharmacologic, dietary, and complementary strategies to managing esophageal motility disorders not involving lower esophageal sphincter dysfunction.

12:05 pm Panel Discussion / Q & A

12:25 pm Break / Lunch Provided

12:45 pm Working Lunch With Cases and Q&A:

GI Bleeding Update

Alan Barkun, MD, CM, MSc (Epi), FACG

Explain new hemostatic techniques as well as perioperative preparation for patients on direct oral anticoagulants (DOACs) or dual antiplatelet therapy (DAPTs).

1:45 pm Break / Dessert in the Exhibit Hall



SATURDAY AFTERNOON SESSIONS / HANDS-ON WORKSHOP SESSIONS*:

*Hands-on workshops do not offer CME.

2:05 pm **Hands-On** or **Hands-On** Management of GI Conditions Across Pregnancy

Vivek Kaul, MD, FACP

Explore the gastroenterologist's role in avoiding pregnancy-related complications using the ACG Monograph on GI Diseases and Endoscopy in Pregnancy and Postpartum Period.

2:55 pm **Hands-On** or **Hands-On** Weight Loss Strategies: New Drugs, Bariatric Endoscopy

Kelly E. Hathorn, MD

Explore the management of post bariatric surgery patients.

3:45 pm **Hands-On** or **Hands-On** User's Guide to Social Media and Telehealth: Communicate, Connect, and Collaborate

Sophie M. Balzora, MD, FACP

Discuss the use of social media, blogs, microblogs, widgets, and apps to increase visibility of your practice and patient engagement, and avoid the pitfalls when it comes to privacy, security, legal risks, technological barriers, and managing provider reputation.

4:35 pm **Hands-On** or **Hands-On** Practice Management and Wellness

David J. Hass, MD, FACP

Discuss challenges in practice management that impact provider and staff wellness, as well as strategies to reduce burnout.

5:25 pm **Course Adjourns for the Day**

HANDS-ON WORKSHOPS SESSIONS

Attendees will have the opportunity to participate in Hands-on Workshop sessions at no additional charge. These sessions focus on specific endoscopic procedures and offer participants a chance to gain tactile experience using a variety of tools and techniques. Faculty will demonstrate a device and/or technique, and attendees will have the opportunity to practice. While the Hands-on Workshop sessions do not offer CME, they are a valuable learning experience, and give attendees the chance to interact with the experts. Hands-on workshops will be concurrent with the general sessions on Saturday afternoon. **There are limited spaces available.**



Regional Course Workshop Director:

Ronald K. Hsu, MD, FACP

4 hands-on stations will be offered:

✓ Mucosal Ablation: Barret's RFA

✓ Mucosal Closure

✓ ERCP

✓ Hemorrhoid Banding

SUNDAY, DECEMBER 3, 2023

7:00 am Registration and Continental Breakfast in the Exhibit Hall

7:55 am Welcome and Announcements
*Evan S. Dellon, MD, MPH, FACG, and
 Rathí Narayan, MD, MBA, FACG*

SESSION 4: Upper GI Potpourri

Moderator: Evan S. Dellon, MD, MPH, FACG

8:00 am New Diagnostics for Upper GI Conditions – Can We Look Without a Scope?

Dhyanesh A. Patel, MD

Discuss novel diagnostic techniques for gastroesophageal reflux disease, Barrett's esophagus, and eosinophilic esophagitis and whether these are ready for clinical use.

8:20 am Transition of Care in Upper GI Conditions – The Kids Are Alright?

Girish Hiremath, MD, MPH

Explain how to approach the transition of care from pediatric to adult providers in upper GI conditions such as eosinophilic esophagitis, celiac disease, and others.

8:40 am Challenges in Diagnosis and Management of *H. pylori*

Shailja C. Shah, MD

Provide an update on diagnosis and new therapeutic options for *H. pylori*.

9:00 am Panel Discussion / Q & A

SESSION 5: Lower GI Potpourri

Moderator: Aasma Shaukat, MD, MPH, FACG

9:20 am Colorectal Cancer Screening in Targeted Populations

Aasma Shaukat, MD, MPH, FACG

Define the current approach to CRC screening in special patient groups including underserved populations, IBD patients, cystic fibrosis, and those with an increased familial risk.

9:40 am Diverticulitis: Myths, Data, and New Approaches

Anne F. Peery, MD, MSCR

Interpret the evolving evidence-based approaches to treatment of diverticulitis.

10:00 am Approach to Large Colon Polyps – When (and How) to Resect, and When to Refer
Adam W. Templeton, MD

Describe the considerations that should be taken into account before resecting a large polyp and explain when endoscopic resection is not possible.

10:20 am Lower GI Emergencies – Ischemia, Volvulus, and Other Things That Go Bump in the Night

Paul Feuerstadt, MD, FACG

Review the diagnostic and treatment approaches to acute conditions of the lower GI tract, including ischemia and volvulus.

10:40 am Panel Discussion / Q & A

11:00 am Break / Visit Exhibits

SESSION 6: Liver

Moderator: Rathí Narayan, MD, MBA, FACG

11:20 am Exploring ACG's New Acute-on-Chronic Liver Failure Guideline

Jennifer C. Lai, MD, MBA

Explain how to treat patients with acute-on-chronic liver failure using the new ACG guideline.

11:40 am Cirrhosis and Medication Interactions

Hannah P. Kim, MD

Describe the various medical interactions that need to be considered when prescribing medications to patients with cirrhosis.

12:00 pm When to Refer? Post-Transplant Management for the Community GI

Nadim Mahmud, MD, MPH

Outline the management of post-liver transplant patients and the points in the care process where a referral may be needed.

12:20 pm Panel Discussion / Q & A

12:35 pm Course Wrap-Up and Take-Away Points

Evan S. Dellon, MD, MPH, FACG, and

Rathí Narayan, MD, MBA, FACG

12:45 pm Course Adjourns

REGISTRATION INFORMATION

There are separate registration fees for ACG's IBD School and the Southern Regional Postgraduate Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for IBD School attendees, lunch on Saturday for Southern Regional Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is unavailable. A full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG on **October 27, 2023**. No refunds will be given after this date. Attendees must register online at meetings.gi.org.

ACG'S IBD SCHOOL		
ACG MEMBER TYPE	EARLY BIRD FEE (on or before 10/27)	REGISTRATION FEE (after 10/27)
Physician	\$125	\$175
Resident / Trainee / Candidate	\$125	\$175
Associate / Advanced Practice Provider	\$125	\$175
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$175	\$225
Resident / Trainee	\$175	\$225
NP / PA / Allied Health (RN, LPN)	\$175	\$225

SOUTHERN REGIONAL POSTGRADUATE COURSE		
ACG MEMBER TYPE	EARLY BIRD FEE (on or before 10/27)	REGISTRATION FEE (after 10/27)
Physician	\$449	\$499
Resident / Trainee / Candidate	\$179	\$254
Associate / Advanced Practice Provider	\$289	\$364
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$549	\$599
Resident / Trainee	\$229	\$304
NP / PA / Allied Health (RN, LPN)	\$349	\$424

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the **ACG Mobile App**. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. **(NOTE: A printed syllabus will not be provided.)**



ACCREDITATION / CME / MOC:

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG's IBD School

The American College of Gastroenterology designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Southern Regional Postgraduate Course

The American College of Gastroenterology designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.75 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS

Both programs will be held at the Renaissance Nashville Hotel located at 611 Commerce Street, Nashville, TN 37203. To make your hotel reservation, you may book online or call 1-877-901-6632. The special meeting rate is \$279 per night plus tax (currently 15.25% local tax and \$2.50 state tax).

SCAN QR CODE
TO BOOK ONLINE



Reservations must be made by 5:00 pm ET on Friday, October 27, in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available. Requests for reservations received after this date will only be on a space-available basis. All reservations require a deposit of one night's room and tax. Cancellations made within 72 hours of check-in will be charged one night's room and tax.

MORE INFORMATION

For more information about these programs, contact ACG at education@gi.org. Americans with Disabilities Act (ADA): Attendees of these programs who need additional reasonable accommodations or who have special needs (please indicate any dietary needs on the registration form) should contact the ACG office by email at registration@gi.org no later than **Friday, October 27, 2023.**





AMERICAN COLLEGE OF GASTROENTEROLOGY

11333 Woodglen Drive, Suite 100
North Bethesda, MD 20852

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