

ACG's Endoscopy School

Endoscopy School Agenda

**The attendees will be split into two groups to allow for small groups during the hands-on portion of the program.

Course Director Disclosures:

Seth A. Gross, MD, FACG, Vanessa M. Shami, MD, FACG, and Laith H. Jamil, MD, FACG

Up to 8.25 hours of CME & 8.25 MOC points

7:00 am Registration and Continental Breakfast

Group 1 will begin with the didactic portion and Group 2 will report to hands-on lab

7:55 am (12:55pm) Welcome and Introductions
Seth A. Gross, MD, FACG, Vanessa M. Shami, MD, FACG

8:00 am (1:00 pm) **Bowel Prep Mixology: Balancing Quality With Patient Compliance**
Identify how to match the bowel preparation to your patient and how to implement the latest bowel preparation into your practice.

8:20 am (1:20 pm) **Polypectomy Techniques: Best Methods**
Explain the latest polypectomy techniques depending on the type, location, and size of the lesion, to enhance your endoscopic practice.

8:40 am (1:40 pm) **Navigating the Difficult Colon**
Discuss how to incorporate the latest tools and techniques to overcome a challenging colonoscopy exam.

9:00 am (2:00 pm) Panel Discussion / Q & A

9:15 am (2:15 pm) **Foreign Body Removal: What's in My Toolbox?**
Review the approach for patients with various foreign bodies along with tools and techniques.

9:35 am (2:35 pm) **EoE Medical Management and Beyond**
Discuss the role of endoscopy and dilation for EoE strictures and how these techniques fit with the new pharmacotherapies.

9:55 am (2:55 pm) **Managing Mucosal Closure and Perforations: We Have the Tools and They're Easy to Use**
Identify the latest mucosal closure techniques and devices, and which you should consider incorporating into your practice.

10:15 am (3:15 pm) Panel Discussion / Q & A

10:30 am (3:30 pm) Refreshment Break

10:50 am (3:50 pm) **Artificial intelligence (AI) in GI Endoscopy**
Describe the current applications of AI in endoscopic practice.

11:10 am (4:10 pm) **Advanced Endoscopy Potpourri: Techniques You Should Be Performing**
Explain safe and effective techniques for handling common endoscopic scenarios in-office, and which types no longer need to be referred to an advanced endoscopist.

- 11:30 am (4:30 pm) **Hemorrhoids Therapy: You Should Be Doing It and Here Is How**
Evaluate tools and techniques required to incorporate hemorrhoid therapy into your practice, and understand how to support adding this therapy to your practice.
- 11:50 pm (4:50 pm- day ends at 5:05 pm) Panel Discussion / Q & A
- 12:05 pm Break / Lunch Provided
- 12:25 pm **Keynote Luncheon Presentation: Hemostasis: What Is the Best Strategy to Stop the Bleeding?**
Describe best practice strategies for gastrointestinal bleeding and become familiar with the latest hemostatic tools to incorporate into your practice.
- 12:55 pm Attendees move to their afternoon assignment (lecture hall or hands-on)

On-Demand Only Lecture:

Cardiogastroenterology: What you Need to Know to Manage Your Patient on Anticoagulants and Antiplatelet Agents

Explain the latest guidelines on when to stop or continue anticoagulants/antiplatelet agents.

Hands-on Workshops

MORNING

- 8:00am – 8:40 am Station 1
8:45am – 9:25 am Station 2
9:30am – 10:10 am Station 3
10:10 am – 10:30 am REFRESHMENT BREAK
10:30 am – 11:10 am Station 4
11:15 am – 11:55 am Station 5

AFTERNOON

- 1:00pm – 1:40 pm Station 1
1:45pm – 2:25 pm Station 2
2:30pm – 3:10 pm Station 3
3:10 pm – 3:30 pm REFRESHMENT BREAK
3:30 pm – 4:10 pm Station 4
4:15 pm – 4:55 pm Station 5

Hands-On Course Director: Vivek Kaul, MD, FACC

Station 1: EMR/Polypectomy

Demonstrate different snares available for both hot and cold polypectomy, demonstrate the best techniques for lifting those polyps, and review current injectates on the market.

Station 2: Mucosal Closure

Explain the various clips available and demonstrate the best technique for closure.

Station 3: Hemostasis

Demonstrate the different tools available to treat GI bleeding, and explain how and when to use clips, electrocautery, and hemostatic powder.

Station 4: Foreign Body Removal

Demonstrate the tools and techniques available to help remove foreign objects.

Station 5: Floater Stations

Demonstrate the additional techniques not covered at other stations.

This will be included in each group's rotation but those who finish early may also be given a chance to visit this area.

- Hemorrhoid Banding and Ablation
- Barrett's Esophagus Ablation

- **Enteroscopy**
- **Endoscopic suturing**
- **Endoscopic Ultrasound**
- **ERCP Cannulation With Disposable Scope**
- **Luminal Stenting**
- **AI Challenge Station**

Thompson Skills Box

- **Ambu Tower with Leader Board**

ACG / VGS / ODSGNA 2023 Regional Postgraduate Course
September 9-10, 2023
Williamsburg Lodge
Williamsburg, VA

Course Directors:

Maithili V. Chitnavis, MD, FACG, and Daniel S. Strand, MD

Up to 11.75 hours of CME & 11.75 MOC points

Saturday, September 9, 2023

- 6:30 am Registration and Continental Breakfast / Visit Exhibit Hall
- 7:50 am Welcome and Introductions
Maithili V. Chitnavis, MD, FACG, and Daniel S. Strand, MD
- Session 1: Upper GI**
Moderator: Maithili V. Chitnavis, MD, FACG
- 8:00 am **Updates on the Treatment of Eosinophilic Esophagitis**
Assess the latest therapies, including biologic options, and non-pharmacologic strategies to treat EoE.
- 8:20 am **Diagnosis and Management of Celiac Disease: The New ACG Guidelines**
Summarize the key concepts from the 2023 ACG guidelines on celiac disease, including serologic and histologic diagnosis, dietary therapy, and management of refractory disease.
- 8:40 am **Refractory *Helicobacter pylori*: Now What Do I Do?**
Define recurrent vs refractory *H. pylori* infection and outline the available treatment strategies in this challenging population.
- 9:00 am Panel Discussion / Q&A
- 9:25 am Break / Visit Exhibits
- Session 2: Lower GI**
Moderator: Daniel S. Strand, MD
- 9:45 am **Putting It Into Practice: Implementing the 2020 Multi-Society Colonoscopy Surveillance Guidelines After Polypectomy**
Discuss the rationale for the recommendations regarding surveillance intervals for colonoscopy after polypectomy and learn to apply these to clinical practice.
- 10:05 am **To Image or Not to Image? The Role of Imaging in Acute Lower GI Bleeding**
Describe the modalities of imaging available for LGI bleeding and apply the American College of Radiology Appropriateness Criteria to different patient scenarios.

- 10:25 am **Treatment for *Clostridium difficile* Infection in the Aftermath of the COVID-19 Pandemic: Where Do We Stand Now?**
Identify treatment strategies for *C. difficile* infection, including intestinal microbiota transplant, and discuss development of newer therapies for CDI.
- 10:45 am **Keynote Lecture**
Practice Management – The Landscape of Private Practice in 2023
Discuss the current climate for private practitioners and options for group mergers, private equity groups, and health system consolidation.
- 11:15 am Panel Discussion / Q&A
- 11:45 am Boxed Lunches Available / Visit Exhibits
- Session 3: IBS/Functional**
Moderator: Daniel S. Strand, MD
- 12:15 pm **Addressing the Psychological Needs of the IBS Patient**
Recognize the psychological aspects of care for patients with IBS and discuss how to work alongside mental health professionals to optimize care.
- 12:35 pm **Pharmacologic Therapies for Functional GI Disorders**
Discuss the broad categories of pharmacologic therapy available to patients with FGID, focusing on IBS and functional dyspepsia, and explain the approach and algorithms used to decide upon such therapies.
- 12:55 pm **Gastrointestinal Manifestations of Cannabis Use**
Recognize the adverse GI manifestations of cannabis use and identify features of cannabis hyperemesis syndrome and cyclic vomiting syndrome.
- 1:15 pm Panel Discussion / Q&A
- 1:40 pm Break / Visit Exhibits
- Session 4: IBD**
Moderator: Maithili V. Chitnavis, MD, FACG
- 2:00 pm **Treatment of IBD in the Elderly Population**
Describe the unique challenges facing the elderly patient with IBD, and how they may influence treatment and management decisions.
- 2:20 pm **Biologics vs Small Molecules: How Do I Choose?**
Discuss the current and near future options for small molecule and biologic therapy in IBD, and how best to optimally position them in treatment algorithms.
- 2:40 pm **Common Masqueraders of IBD**

Discuss the conditions that can commonly be misdiagnosed as IBD, such as infection, Alpha-gal syndrome, and Behcet's disease, and how to avoid misdiagnosis.

- 3:00 pm Panel Discussion / Q&A
- 3:25 pm Fellows' Presentations / Nursing Session
- 5:00 pm Course Adjourns for the Day

Sunday, September 10, 2023

- 7:00 am Continental Breakfast / Visit the Exhibit Hall
- 7:30 am VGS and ODSGNA Board Meetings
- 8:25 am Welcome and Announcements
Maithili V. Chitnavis, MD, FACG, and Daniel S. Strand, MD
- Session 5: Liver**
Moderator: Maithili V. Chitnavis, MD, FACG
- 8:30 am **A Primer on the Coagulopathies of Liver Disease**
Discuss the limitations and interpretation of common hematologic markers in the setting of chronic liver disease.
- 8:50 am **Common Hepatic Cysts and Tumors**
Identify clinical and imaging features of common and often incidentally discovered hepatic lesions.
- 9:10 am **Treatment and Management of Acute Alcoholic Hepatitis**
Summarize the literature on pharmacologic therapies for alcoholic hepatitis and discuss other management strategies.
- 9:30 am Panel Discussion / Q&A
- 9:45 am Break / Visit the Exhibit Hall
- 10:05 am **GI Pearls from the Masters of the ACG**
Explain the lessons learned after a lifetime in GI Practice.
- Session 6: Pancreatobiliary & Endoscopy**
Moderator: Daniel S. Strand, MD
- 10:45 am **Updates in Management of Pancreatic Fluid Collections: Pseudocysts, Walled-off Pancreatic Necrosis, and the Disconnected Duct**
Illustrate the different features of pancreatic fluid collections and discuss the optimal treatment strategies.

- 11:05 am **Are There Still Indeterminate Biliary Strictures in 2023?**
Address the roles of brushing, FISH, and cholangioscopy-based sequencing in the diagnosis of biliary strictures.
- 11:25 am **Advances in Endoscopic Management of Obesity**
Outline the methods and recent developments in endoscopic therapy that can be used to treat obesity.
- 11:45 am Panel Discussion / Q&A
- 12:10 noon Course Wrap-Up and Take-Away Points
Maithili V. Chitnavis, MD, FACG, and Daniel S. Strand, MD
- 12:30 pm Course Adjourns

On Demand Only Lecture:

Stop the Bleeding: Managing Anticoagulation in the Periendoscopic Period

Describe the newest information regarding the management of anticoagulation in the periendoscopic period and in patients with acute and chronic GI bleeding.