

2022 ACG IBD SCHOOL & ACG/VGS/ODSGNA REGIONAL POSTGRADUATE COURSE

SEPTEMBER 9-11, 2022 • WILLIAMSBURG, VA

IBD School

7.75 CME Credits/MOC Points

Course Directors



Sunanda V. Kane, MD, MSPH, FACG, and David T. Rubin, MD, FACG

ACG/VGS/ODSGNA Regional Postgraduate Course

11.25 CME Credits/MOC Points | 10.75 Nursing Credits

Course Directors



Jeffrey P. LaFond, MD, Maithili Chitnavis, MD, and

Eileen Dauz, BSN, RN, CGRN, CFER

Highlights

- ACG's IBD School is a **day-long interactive program** that features leading experts who will discuss the latest updates in **IBD management**. This program is designed to better enable clinical gastroenterologists and their advanced practice provider colleagues to diagnose and treat patients more efficiently.
- The ACG/VGS/ODSGNA Regional Postgraduate Course will **explore areas the gastroenterologist often faces in clinical practice** and addresses management updates in a variety of gastrointestinal and hepatic areas.
- **Bring your entire practice!** The postgraduate course is for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, nurse practitioners, physician assistants, pharmacists, therapists, and other members of the GI patient care team.
- Both meetings will take place at **The Williamsburg Lodge**. Explore U.S. history in Colonial Williamsburg. Enjoy discounts on admission passes to Colonial Williamsburg's Historic Area, free area shuttle service, and preferred reservations for dining at Colonial Williamsburg taverns, and more.

IBD SCHOOL AGENDA

- 7:50 am** Welcome and Opening Remarks
- 8:00 am** **Goals of Caring for the IBD Patient**
Maia Kayal, MD
Analyze the available data and positioning in IBD management of patient-centered goals and published algorithms of care.
- 8:25 am** **Updates on Clinical Management of Crohn's Disease**
Stephen J. Bickston, MD, FACG
Identify the key take-away points and treatment changes based on the ACG Crohn's Guidelines.
- 8:55 am** **Updates on Clinical Management of Ulcerative Colitis**
Anne G. Tuskey MD, FACG
Identify the key take-away points and treatment changes based on the ACG UC Guidelines.
- 9:25 am** **Infections in IBD**
Sara N. Horst MD, MPH, FACG
Identify those infections that are associated with certain medications and how to manage or prevent them.

- 9:45 am** **Drug and Disease Monitoring**
Amanda M. Johnson, MD
Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.
- 10:10 am** **When to Involve a Colorectal Surgeon**
Samir A. Shah, MD, FACG
Recognize indications for surgery, outline proper timing and describe the management of patients in the postoperative period.
- 10:30 am** **Refreshment Break**
- 11:00 am** **Management of Pouchitis**
Maia Kayal, MD
Discuss the symptoms, differential diagnosis, and treatment of pouch disorders.
- 11:25 am** **Cancer Prevention in IBD**
Samir A. Shah, MD, FACG
Summarize primary and secondary cancer prevention in IBD patients, including the use of augmented imaging with virtual or dye-spray chromoendoscopy.

- 11:45 am** **Getting Your Patient the Medication You Prescribed: Tips and Tricks**
David Choi, PharmD
Illustrate a methodical approach to obtaining pre-authorizations and appealing denials for medical therapies in IBD.
- 12:15 pm** **Break / Lunch Provided**
- 12:30 pm** **Lunch with the Faculty / Case Presentations / Q & A**
David T. Rubin, MD, FACG
- 1:15 pm** **Break**
- 1:30 pm** **Complementary and Alternative Medicine in IBD**
Stephen J. Bickston, MD, FACG
Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.
- 1:55 pm** **Diet and Nutrition**
Amanda M. Johnson, MD
Outline the evidence for different diets in managing patients with IBD and discuss the effects that obesity has on IBD management and outcomes.

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2:20 pm The Pregnant Patient With IBD
Sara N. Horst, MD, MPH, FACG
 Discuss IBD management strategies before and during pregnancy.

2:45 pm Microscopic and Other Colitides
Anne G. Tuskey, MD, FACG
 Describe the epidemiology and management of microscopic colitis as well as other forms of colitis that can mimic IBD.

3:10 pm Q&A With the Faculty

4:10 pm Course Wrap-Up and Take-Away Points
David T. Rubin, MD, FACG

4:30 pm Course Adjourns

ACG/VGS/ODSGNA POSTGRADUATE COURSE AGENDA

Saturday & Sunday, September 10-11, 2022

Saturday, September 10, 2022

6:30 am Registration and Continental Breakfast / Visit Exhibit Hall

7:45 am Welcome Remarks and Announcements
Jeffrey P. LaFond, MD, and Maithili V. Chitnavis, MD

SESSION 1: UPPER GI AND SMALL BOWEL

Moderator: Jeffrey P. LaFond, MD

8:00 am Pesky Persistent Ulcers From Surreptitious NSAID Use to Gastrinoma to Lymphoma and Beyond
Nimish Vakili, MD, FACG
 Recognize potential etiologies for persistent gastrointestinal ulcers, explore treatment options, and review diagnostic tests to support the diagnoses.

8:20 am Small Bowel Enteropathies
Benjamin Lebwohl, MD, MS
 Identify clinical pearls for diagnostic evaluation and management of patients with celiac and non-celiac enteropathies.

8:40 am The Case of the Frustrating Rebleeding Patient: Refresher on Endoscopic and Medical Management of Recurrent Bleeding From Angioectasias
Andrew P. Copland, MD

Summarize the evidence supporting endoscopic and medical management of recurrent small bowel bleeding secondary to angioectasias.

9:00 am Panel Discussion / Q&A

9:25 am Break / Visit Exhibits

SESSION 2: IBD

Moderator: Maithili V. Chitnavis, MD

9:45 am Alternative Therapies in IBD
Sara N. Horst, MD, MPH, FACG
 Appraise the evidence supporting complementary and alternative medicine options for treatment of inflammatory bowel disease.

10:05 am Optimal Positioning of Small Molecule Treatment Options in IBD
David T. Rubin, MD, FACG
 Describe the currently available small molecule therapies and determine when they should be initiated in patients for optimal disease response.

10:25 am Optimizing Health Maintenance in Patients With IBD
Aline Charabaty, MD, FACG
 Identify key areas for ensuring health maintenance is being optimally addressed in inflammatory bowel disease patients.

10:45 am Keynote Lecture: Vision for the Future of ACG
Samir A Shah, MD, FACG, ACG President

11:15 am Panel Discussion / Q&A

11:45 am Lunch / Visit the Exhibit Hall

SESSION 3: FUNCTIONAL

Moderator: Jeffrey P. LaFond, MD

12:15 pm New Updates to Gastroparesis Guideline
Michael Camilleri, MD, MACG
 Describe the latest updates to recommended evaluation and management of gastroparesis patients.

12:35 pm Benign Anorectal Disorders: From Fecal Incontinence to Constipation
Nyree K. Thorne, MD
 Explain the best practices in evaluation and management of prevalent anorectal disorders.

12:55 pm Esophageal Motility Disorders: Utilizing Diagnostic Tools From Manometry to Functional Lumen Imaging Probe

Dhyanesh Patel, MD

Outline the available diagnostic tools for esophageal motility disorders and when these tools should ideally be utilized in a patient's care.

1:15 pm Panel Discussion / Q&A

1:40 pm Break / Dessert in the Exhibit Hall

SESSION 4: MICROBIOME SYMPOSIUM

Moderator: Maithili V. Chitnavis, MD

2:00 pm Connections Between the Microbiome, Autoimmune Diseases and GI Cancers
David A. Johnson, MD, MACG
 Summarize current evidence supporting the connections between the microbiome, disease manifestation, and development of gastrointestinal malignancies.

2:20 pm Prebiotics, Probiotics, Synbiotics, or FMT: What's Right for My Patient?

Sarah K. McGill, MD, MSc, FACG

Analyze current data regarding effectiveness of available prebiotic, probiotic, synbiotic agents and hypothesize future directions for individualized and tailored adjustments to the microbiome.

2:40 pm Panel Discussion / Q&A

CHOOSE FROM FELLOWS' PRESENTATIONS OR ODSGNA AFTERNOON SESSION

3:00 pm Fellows' Presentations

ODSGNA AFTERNOON SESSION3:00 pm **Improving Colonoscopy Inpatient Preparation***Kelly Osborne, BSN, RN, CGRN*3:15 pm **A Look Back at the Last 30 Years of Old Dominion SGNA***Nancy Schlossberg, BS, BSN, RN, CGRN, and Gail DeCosta, BSN, RN, CGRN, Founding Members of ODSGNA*3:35 pm **Vision for the Future of SGNA***Nancy Denton, BSN, RN, CGRN, CER, SGNA President*3:50 pm **Panel Discussion on Current Challenging Topics***Moderator: Eileen Dautz, BSN, RN, CGRN, CFER**Panelists: Nancy Denton, BSN, RN, CGRN, CER, Nancy Schlossberg, BS, BSN, RN, CGRN, and Michelle Schmidt, MBA, BSN, RN, CGRN*4:30 pm **Course Adjourns for the Day****Sunday, September 11, 2022**7:00 am **Continental Breakfast / Visit the Exhibit Hall**7:30 am **VGS and ODSGNA Board Meetings**8:25 am **Welcome and Announcements***Jeffrey P. LaFond, MD and Maithili V. Chitnavis, MD*SESSION 5: ENDOSCOPY*Moderator: Maithili V. Chitnavis, MD*8:30 am **EMR of Mucosal Lesions: Be Bold and Do It Cold?***Aasma Shaukat, MD, MPH, FACG*

Compare the risks and benefits and summarize the evidence supporting use of electrocautery versus cold resection techniques for endoscopic mucosal resection (EMR) of mucosal lesions in the gastrointestinal tract.

8:50 am **Approach to Submucosal Masses: New Guideline***Vanessa M. Shami, MD, FACG*

Summarize the evaluation and management of submucosal lesions.

9:10 am **Alvin M. Zfass, MD, MACG Lecture: Treatment of Achalasia in 2022***John M. DeWitt, MD, FACG*

Explain current treatments for achalasia and summarize the comparative effectiveness of pneumatic dilation, POEM, and Heller myotomy.

9:30 am **Panel Discussion / Q&A**9:45 am **Break / Visit the Exhibit Hall**SESSION 6: LIVER*Moderator: Jeffrey P. LaFond, MD*10:05 am **Acute on Chronic Liver Failure: Hot Off the Press!***Jasmohan S. Bajaj, MD, MS, FACG*

Outline the evaluation and treatment of patients with acute on chronic liver failure as defined by the recently published ACG guideline.

10:25 am **Liver Disease in Pregnancy***Marrieth G. Rubio, MD*

Recognize and review diagnosis, management, and treatment of acute and chronic liver diseases in the setting of pregnancy.

10:45 am **Panel Discussion / Q&A**SESSION 7: PANCREATICOBILIARY*Moderator: Maithili V. Chitnavis, MD*11:00 am **Recurrent Acute Pancreatitis: What to Do When Alcohol and Stones Aren't the Culprit***Darius A. Jahann, MD*

Describe less common causes of acute pancreatitis and formulate a diagnostic and treatment strategy.

11:20 am **Common and Uncommon Complications of EUS and ERCP***Andrew Y. Wang, MD, FACG*

Identify complications associated with endoscopic ultrasound and endoscopic retrograde cholangiopancreatography.

11:40 am **Panel Discussion / Q&A**12:00 pm **Course Wrap-Up and Take-Away Points***Jeffrey P. LaFond, MD, and Maithili V. Chitnavis, MD*12:05 pm **Course Adjourns****REGISTER NOW**
meetings.gi.org**Who Should Attend**

Bring your whole practice and join colleagues at the outstanding ACG/VGS/ODSGNA Regional Postgraduate Course program, developed specifically for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, nurse practitioners, physician assistants, pharmacists, therapists, and other members of the GI patient care team.

Accreditation / CME / MOC

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG'S IBD SCHOOL:

The American College of Gastroenterology designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.75 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



ACG/VGS/ODSGNA REGIONAL POSTGRADUATE COURSE:

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Registration Fees

ACG'S IBD SCHOOL	
ACG MEMBER TYPE	REGISTRATION FEE
ACG/VGS Physician	\$125
ACG Resident/Trainee/Candidate/SGNA Endo Tech	\$125
ACG Associate/Advanced Practice Provider/SGNA Allied Health/NP/PA	\$125
NON-MEMBER TYPE	
Physicians / PharmD / PhD / Guest	\$175
Resident / Trainee / Endo Tech	\$175
NP / PA / Allied Health (RN, LPN)	\$175

ACG/VGS/ODSGNA REGIONAL POSTGRADUATE COURSE	
ACG MEMBER TYPE	REGISTRATION FEE
ACG/VGS Physician	\$299
ACG Resident / Trainee / Candidate/SGNA Endo Tech	\$149
ACG Associate/SGNA Allied Health	\$169
ACG Advanced Practice Provider/SGNA NP/PA	\$189
NON-MEMBER TYPE	
Physicians / PharmD / PhD / Guest	\$399
Resident / Trainee	\$219
NP / PA / Allied Health (RN, LPN)	\$279

Hotel Information

Both programs will be held at the Williamsburg Lodge.

➔ To make your hotel reservation, you may book online: <https://book.passkey.com/event/50316250/owner/31621/home> or call **1-877-732-7678**.

The special meeting rate is \$209 (plus tax). Reservations must be made by **5:00 pm ET on Monday, August 18, 2022** in order to receive the special meeting rate, which is available on a first-come, first-served basis.

Certification of COVID-19 Vaccination

Please note that at the time of registration, all attendees will be required to attest that they will be fully vaccinated for COVID-19, based on the CDC guidelines at the time of the course. To support safely and responsibly convening at ACG's educational programs, the College's Board of Trustees voted that the COVID-19 vaccination be required of attendees and exhibitors on-site at our Regional Courses, until further notice.



REGISTER ONLINE: MEETINGS.GI.ORG

