



2021

ACG'S IBD SCHOOL & SOUTHERN REGIONAL POSTGRADUATE COURSE

DECEMBER 3-5, 2021

RENAISSANCE HOTEL
NASHVILLE, TENNESSEE

ACG'S IBD SCHOOL

SOUTHERN REGIONAL COURSE

EARN
UP TO **8** CME
CREDITS

EARN
UP TO **8** MOC
POINTS

EARN
UP TO **12** CME
CREDITS

EARN
UP TO **12** MOC
POINTS



2021

ACG'S IBD SCHOOL & SOUTHERN REGIONAL POSTGRADUATE COURSE



**REGISTER ONLINE:
MEETINGS.GI.ORG**

JOIN COLLEAGUES IN NASHVILLE FOR ACG'S 1-DAY IBD SCHOOL AND WEEKEND SOUTHERN REGIONAL POSTGRADUATE COURSE

ACG's IBD School, to be held on Friday, December 3, is a day-long interactive program that features leading experts who will discuss the latest updates in IBD management. This program is designed to better enable clinical gastroenterologists and their advanced practice provider colleagues to diagnose and treat patients more efficiently.

Led by Course Directors Millie D. Long, MD, MPH, FACG, and Alison J. Schneider, MD, the Southern Regional Postgraduate Course, offered on Saturday and Sunday, December 4-5, will focus on areas including IBD, upper GI tract, common consults in GI practice, hepatology and hepatobiliary diseases, endoscopy in clinical practice, as well as a luncheon presentation on diversity and inclusion. Hands-on sessions will also be offered on Saturday afternoon.

Both programs will take place at the Renaissance Nashville Hotel, which is a short distance from a number of attractions including Music Row, Broadway, the Country Music Hall of Fame, and Bridgestone Arena. Whether you are a sports fan, a music lover, or a foodie, there are a wide variety of things to see and do in this exciting city.

For more on what there is to see and do in Nashville, please visit visitmusiccity.com.

PROGRAM DESCRIPTION

ACG's IBD School

IBD is an area of gastroenterology that continues to see rapid developments in diagnostic and medical therapeutic options. ACG's IBD School is a day-long educational program that combines an immersion in IBD management with a clinical update on new therapeutic and monitoring approaches. The goals of this course are to improve clinical judgment and to address the art and science of IBD management. The program will educate attendees in a practical manner regarding the natural history of disease, modifiable risk factors for adverse outcomes, diagnostic and prognostic testing, and rational decision making for medical treatment.

This program is designed for gastroenterologists, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on liver diseases and state-of-the-art treatment of these illnesses.

 Learn and earn your end-of-year **CME and MOC**

Southern Regional Postgraduate Course

The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice, and addresses management updates in a variety of gastrointestinal and hepatic areas. During this course, multiple topics will be covered including IBD for the practicing clinician, EoE in 2021, diagnosis and management of celiac disease and gluten sensitivity, the rise of telemedicine, building a social media presence, management of common biliary complications, the role of AI technology in detecting colon polyps, and the intersection between endoscopy and obesity. The structure of the program includes a mix of didactic presentations delivered by expert faculty, breakout sessions, and significant question and answer opportunities. Non-CME hands-on sessions will also be offered.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, and nurse practitioners interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.

ACG'S IBD SCHOOL—AGENDA



COURSE DIRECTORS:

Sunanda V. Kane, MD, MSPH, FACG and David T. Rubin, MD, FACG

FRIDAY, DECEMBER 3, 2021

Moderator: Sara N. Horst, MD, MPH, FACG

7:00 am Registration and Continental Breakfast

7:50 am Welcome and Opening Remarks

Sara N. Horst, MD, MPH, FACG

8:00 am Goals of Caring for the IBD Patient

Millie D. Long, MD, MPH, FACG

Analyze the available data and positioning in IBD management of patient-centered goals and published algorithms of care.

8:25 am ACG Crohn's Disease Guidelines Update

Raymond K. Cross, MD, MS, FACG

Identify the key take-away points and treatment changes based on the ACG Crohn's Guidelines.

8:55 am ACG Ulcerative Colitis Guidelines Update

Anita Afzali, MD, MPH, FACG

Identify the key take-away points and treatment changes based on the ACG UC Guidelines.

9:25 am Management of EIM: Disease-Related, Disease-Unrelated, and Therapy-Related

Gerald (Tad) W. Dryden, Jr., MD, MSPH, FACG

Identify extra-intestinal manifestations associated with IBD, or unrelated to disease, and their management.

9:45 am Drug and Disease Monitoring

Raymond K. Cross, MD, MS, FACG

Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.

10:10 am Timing of Surgery and Prevention of Postoperative Recurrence
Sophie M. Balzora, MD, FACG
Outline the management of patients who are surgical candidates, and describe the management of patients in the postoperative period.

10:30 am Break

11:00 am Management of Pouchitis
Sophie M. Balzora, MD, FACG
Discuss the symptoms, differential diagnosis, and treatment of pouch disorders.

11:25 am Cancer Prevention in IBD
Millie D. Long, MD, MPH, FACG
Summarize primary and secondary cancer prevention in IBD patients, including the use of chromoendoscopy.

11:45 am Getting Your Patient the Medication You Prescribed: Tips and Tricks
Archariya Puangampai, PharmD
Illustrate a methodical approach to obtaining pre-authorizations and appealing denials for medical therapies in IBD.

12:15 pm Lunch With the Faculty and Case Presentations / Q & A

1:30 pm Complementary and Alternative Medicine in IBD
Anita Afzali, MD, MPH, FACG
Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.

1:55 pm Diet and Nutrition
Sara N. Horst, MD, MPH, FACG
Outline the evidence for different diets in managing patients with IBD.

2:20 pm The Pregnant Patient With IBD
Sara N. Horst, MD, MPH, FACG
Discuss IBD management strategies before and during pregnancy.

2:45 pm Microscopic and Other Colitides
Gerald (Tad) W. Dryden, Jr., MD, MSPH, FACG
Describe the epidemiology and management of microscopic colitis as well as other forms of colitis that can mimic IBD.

3:10 pm Q&A With the Faculty

4:10 pm Course Wrap-Up and Take-Away Points
Sara N. Horst, MD, MPH, FACG

4:30 pm Course Adjourns

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the ACG Mobile App. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. (NOTE: A printed syllabus will not be provided.)



SOUTHERN REGIONAL POSTGRADUATE COURSE—AGENDA

COURSE DIRECTORS:

Millie D. Long, MD, MPH, FACG, and Alison J. Schneider, MD, FACG

SATURDAY, DECEMBER 4, 2021

7:00 am Registration and Continental Breakfast in the Exhibit Hall

7:40 am Welcome Remarks and Announcements

Millie D. Long, MD, MPH, FACG, and Alison J. Schneider, MD, FACG

SESSION 1: INFLAMMATORY BOWEL DISEASE FOR THE PRACTICING CLINICIAN

Moderator: Millie D. Long, MD, MPH, FACG

7:45 am Management of Ulcerative Colitis

Millie D. Long, MD, MPH, FACG

Describe the management of ulcerative colitis, with an emphasis on the newest guidelines on UC from ACG.

8:05 am Management of Post-Operative Crohn's Disease

Raymond K. Cross, MD, MS, FACG

Develop an evidence-based approach to the management of post-operative CD.

8:25 am A Primer on Therapeutic Drug Monitoring in IBD

Gerald W. Dryden, Jr., MD, MSPH, FACG

Define the role of TDM (reactive and proactive) in the management of IBD.

8:45 am Personalized Positioning of Advanced Therapies in IBD

Dawn M. Beaulieu, MD

Describe positioning of biologics and small molecules in IBD in the settings of extraintestinal manifestations and comorbidities, and utilize an evidence-based approach to their use in personalizing therapy in subpopulations.

9:05 am Panel Discussion / Q & A

SESSION 2: COMMON CONSULTS IN GI PRACTICE: UPPER GI TRACT

Moderator: Alison J. Schneider, MD, FACG

9:25 am Management of Refractory Reflux Symptoms

Michael F. Vaezi, MD, PhD, MSc (Epi), FACG

Discuss evaluation and treatment for reflux patients who are unresponsive to standard therapies.

9:45 am Eosinophilic Esophagitis

Bryan G. Sauer, MD, MSc

Assess the most up-to-date dietary and medical treatment options for EoE.

10:05 am Non-Achalasia Motility Disorders: To Treat or Not to Treat?

Alison J. Schneider, MD, FACG

Outline diagnostic and treatment strategies for esophageal motility disorders.

10:25 am Panel Discussion / Q & A

10:45 am Refreshment Break / Visit the Exhibit Hall

SESSION 3: COMMON CONSULTS IN GI PRACTICE: SMALL BOWEL AND COLON

Moderator: Anne Peery, MD, MSHS, FACG

11:05 am Approach to the Patient With Chronic Bloating: What Role Does SIBO Play?

Baharak Moshiree, MD, FACG

Describe epidemiology, management of chronic bloating, and review the newest ACG clinical guidelines on SIBO for diagnosis and management.

11:25 am Diagnosis and Management of Celiac Disease and Gluten Sensitivity

Dawn W. Adams, MD

Analyze the clinical features, diagnosis, and management of celiac disease and gluten sensitivity.

11:45 am Approach to the Patient With *C. difficile*

Monika Fischer, MD, MS, FACG

Evaluate testing, treatment algorithms, rates of recurrence, and newest therapies for *C. difficile*, with an emphasis on the newest clinical guidelines on *C. difficile* from ACG.

12:05 pm Diverticular Disease Update

Anne Peery, MD, MSHS, FACG

Explain epidemiology, management of diverticulitis/diverticular bleeds, and SCAD treatment in an evidence-based approach.

12:25 pm Panel Discussion / Q & A

12:45 pm Break / Visit Exhibit Hall

1:05 pm Luncheon Presentation: A Gastroenterologist's Perspective on Diversity and Inclusion in Your GI Practice

Jennifer Christie, MD

Discuss best practices that promote diversity, inclusion, and equitable health in the workplace.

1:50 pm Break - Dessert in the Exhibit Hall



REGISTER ONLINE: **MEETINGS.GI.ORG**

SOUTHERN REGIONAL POSTGRADUATE COURSE—AGENDA

SATURDAY AFTERNOON GENERAL SESSIONS / HANDS-ON WORKSHOP SESSIONS:

**Hands-on workshops do not offer CME.*

IMPROVING YOUR CLINICAL PRACTICE

SESSION 1: 2:10 pm - 2:55 pm

The Rise of Telemedicine

Jordan J. Karlitz, MD, FACP

Identify best practices for telemedicine in GI, evidence for its use in chronic disease management, reimbursement considerations, and guidelines for implementation in practice.

Wellness and Burnout for the GI Clinician

Bincy P. Abraham, MD, FACP

Recognize rates of burnout, risk factors, wellness interventions, and best practices for wellness.

*or Hands-on Workshop Session**

SESSION 2: 3:00 pm - 3:45 pm

How to Improve Your Endoscopy Practice

David A. Greenwald, MD, FACP

Discuss endoscopy quality measures, ergonomics, and safety measures implemented during COVID-19, and provide a roadmap to efficiency in the post-pandemic world.

Developing a Social Media Presence for Your Practice

Sophie M. Balzora, MD, FACP

Analyze uses and best practices for social media in clinical practice, as well as do's and don'ts.

*or Hands-on Workshop Session**

SESSION 3: 3:50 pm - 4:35 pm

Practice of Gastroenterology

Drs. Abraham, Balzora, Greenwald, and Karlitz will discuss the current models of gastroenterology practice in the setting of COVID.

*or Hands-on Workshop Session**

4:35 pm Adjourn for the Day

HANDS-ON WORKSHOPS

Attendees have the opportunity to participate in the Hands-On Workshops at no additional charge. These sessions focus on specific endoscopic procedures, and offer participants a chance to gain tactile experience using a variety of tools and techniques. Faculty will demonstrate a device and/or technique, and attendees will have the opportunity to practice. While the hands-on workshop sessions do not offer CME, they are a valuable learning experience, and give attendees the chance to interact with the experts. Hands-on workshops will be concurrent with the general sessions on Saturday afternoon. There are limited spaces available. Registrants are able to select their top choice of station and time. Attendees can join additional workshops by picking up tickets at the registration desk on-site, if available.

HANDS-ON WORKSHOP SESSIONS

REGIONAL COURSE WORKSHOP DIRECTORS:

Lauren G. Khanna, MD, MS

5 hands-on stations will be offered. The stations are:

- ✓ EMR / ESD
- ✓ Foreign Body Removal
- ✓ Mucosal Ablation: RFA
- ✓ Endosuturing
- ✓ Hemorrhoid Banding

SUNDAY, DECEMBER 5, 2021

7:00 am Registration and Continental Breakfast in the Exhibit Hall

7:55 am Welcome and Announcements
Millie D. Long, MD, MPH, FACG, and Alison J. Schneider, MD, FACG

SESSION 4: HEPATOBILIARY DISEASES FOR THE GENERAL GASTROENTEROLOGIST

Moderator: Luis F. Lara, MD

8:00 am Chronic Pancreatitis: New Guidelines for Diagnosis and Management

Luis F. Lara, MD

Compare medical, endoscopic, and surgical management of CP, with a focus on the newest ACG clinical guideline on chronic pancreatitis.

8:20 am Management of Common Biliary Complications

Tolga Erim, MD

Describe common biliary complications and their medical, surgical, and endoscopic management.

8:40 am Pancreatic Cysts: Surveillance and Management

Uzma D. Siddiqui, MD

Assess various forms of pancreatic cysts, methods of diagnosis, risks for malignancy, and preferred methods of continued evaluation/monitoring.

9:00 am Panel Discussion / Q & A

SESSION 5: LIVER: HOT TOPICS IN HEPATOLOGY

Moderator: Jasmohan S. Bajaj, MD, MSc, FACG

9:20 am New Modalities for Assessment and Treatment of Hepatic Encephalopathy

Jasmohan S. Bajaj, MD, MSc, FACG

Discuss HE diagnosis using testing modalities currently available and treatment options for patients.

9:40 am Update on the Management of Alcoholic Liver Disease

Ramon Bataller, MD, PhD, FACG

Interpret the ACG clinical guidelines on alcoholic liver disease and implications for clinical practice.

10:00 am Epidemiology and Treatment of HCC

Patricia D. Jones, MD

Explain the natural history of hepatocellular carcinoma, risk factors for progression, and evidence-based treatment modalities.

10:20 am Panel Discussion / Q & A

10:40 am Refreshment Break / Visit the Exhibits

SESSION 6: ENDOSCOPY IN CLINICAL PRACTICE

Moderator: Allison R. Schulman, MD, MPH

11:00 am Role of AI Technology in the Detection of Colon Polyps

Sarah K. McGill, MD, MSc

Review the existing aspects of artificial intelligence in computer-aided diagnosis of colon polyps.

11:20 am Endoscopic Management of GI Bleeding

David A. Greenwald, MD, FACG

Discuss epidemiology and evidence-based endoscopic management of upper and lower GI bleeding.

11:40 am The Intersection Between Endoscopy and Obesity

Allison R. Schulman, MD, MPH

Appraise bariatric endoscopy for obesity and outcomes, and describe complications of surgical/endoscopic interventions and management.

12:00 pm Panel Discussion / Q & A

12:20 pm Course Wrap-Up and Take-Away Points

Millie D. Long, MD, MPH, FACG, and Alison J. Schneider, MD, FACG

12:30 pm Course Adjourns

PROGRAM DESCRIPTION / REGISTRATION INFORMATION

REGISTRATION INFORMATION

There are separate registration fees for ACG's IBD School and the Southern Regional Postgraduate Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for ACG's IBD School attendees, lunch on Saturday for Southern Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available.

Full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG by **November 4, 2021**. No refunds will be given after this date. Attendees must register online at meetings.gi.org.

ACG'S IBD SCHOOL REGISTRATION		
ACG MEMBER TYPE	EARLY BIRD (by 11/4)	FEE (after 11/4)
Physician	\$125	\$200
Resident / Trainee / Candidate	\$125	\$200
Associate / Advanced Practice Provider	\$125	\$200
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$175	\$250
Resident / Trainee	\$175	\$250
NP / PA / Allied Health (RN, LPN)	\$175	\$250

SOUTHERN REGIONAL COURSE REGISTRATION		
ACG MEMBER TYPE	EARLY BIRD (by 11/4)	FEE (after 11/4)
Physician	\$449	\$499
Resident / Trainee / Candidate	\$179	\$254
Associate / Advanced Practice Provider	\$289	\$364
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$549	\$599
Resident / Trainee	\$229	\$304
NP / PA / Allied Health (RN, LPN)	\$349	\$424

ACCREDITATION / CME / MOC

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG's IBD School

The American College of Gastroenterology designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Southern Regional Postgraduate Course

The American College of Gastroenterology designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS

Both programs will be held at the Renaissance Nashville Hotel in the heart of downtown Nashville.

To make your hotel reservation, you may book online at book.passkey.com/e/50179642 or call **1-877-901-6632**. **The special meeting rate per night is \$229 plus 15.25% for state and local taxes and \$2.50 per room, per night for city occupancy fee.**

Reservations must be made by 5:00 pm EST on November 4, 2021, in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. **Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available.** Requests for reservations received after this date will be on a space-available basis only. All reservations require a deposit of one

night's room and tax. Cancellations made within 72 hours of check-in will be charged one night's room and tax.

The Renaissance Hotel is located in the heart of exciting downtown Nashville. In the evening, you can explore the newly opened Fifth & Broadway entertainment complex featuring a large selection of shops and restaurants. Or head over to Music Row to enjoy live performances from emerging artists and established stars. If you prefer to stay in, recharge in hotel rooms with plush bedding and expansive workstations and indulge in authentic Southern fare at Little Fib, the hotel's signature restaurant. Check-in time is 4:00 p.m. Check-out time is 12:00 noon. All parking at the hotel is by valet; valet parking is \$42 per vehicle, per night, plus tax. The Renaissance Nashville Hotel is located at 611 Commerce Street, Nashville, TN 37203.

MORE INFORMATION

For more information about these programs, contact ACG at education@gi.org.

Americans with Disabilities Act: Attendees of these ACG programs who need additional reasonable accommodations or who have special needs (please indicate any dietary needs on the registration form) should contact the ACG office by email at registration@gi.org no later than **November 4, 2021**.



AMERICAN COLLEGE
OF GASTROENTEROLOGY
6400 Goldsboro Road, Suite 200
Bethesda, MD 20817

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