



# 2021

## ACG'S FUNCTIONAL GI DISORDERS SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE

**AUGUST 13-15, 2021** |

**HILTON ST. LOUIS AT THE BALLPARK  
ST. LOUIS, MISSOURI**

**ACG'S FUNCTIONAL GI DISORDERS SCHOOL**

**MIDWEST REGIONAL POSTGRADUATE COURSE**

EARN UP TO **8.25 CME CREDITS** | EARN UP TO **8.25 MOC POINTS**

EARN UP TO **11 CME CREDITS** | EARN UP TO **11 MOC POINTS**



# 2021

## ACG'S FUNCTIONAL GI DISORDERS SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE



### JOIN COLLEAGUES IN ST. LOUIS FOR ACG'S 1-DAY FUNCTIONAL GI DISORDERS SCHOOL AND WEEKEND MIDWEST REGIONAL POSTGRADUATE COURSE

ACG's Functional GI Disorders School, to be held on Friday, August 13, is a day-long interactive program that focuses on the diagnosis, treatment, and understanding of IBS and other functional disease states. This program is designed to better enable clinical gastroenterologists and their advanced practice provider colleagues to triage, treat, and refer patients more efficiently.

Led by Course Directors Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG, the Midwest Regional Postgraduate Course, offered on Saturday and Sunday, August 14-15, will focus on areas such as IBD, colon, liver, pancreaticobiliary, small bowel, stomach and esophagus, and hepatology.

Both programs will take place at the Hilton St. Louis at the Ballpark. This vibrant hotel next to Busch Stadium is located in the heart of downtown, only 20 minutes from Lambert-St. Louis International Airport, and steps from the iconic Gateway Arch. Experience amazing infield views from your guest room and enjoy numerous sports, dining, and entertainment options at Ballpark Village.



PLAN YOUR VISIT AT:  
[EXPLORESTLOUIS.COM](https://www.explorestlouis.com)

## PROGRAM DESCRIPTION

### Midwest Regional Postgraduate Course

The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice, and addresses management updates in a variety of gastrointestinal and hepatic areas. During this course, multiple topics will be covered including optimizing biological therapy in IBD, challenging colon polyps, advances in IBS-D, screening, and surveillance of pancreatic cysts, elective and emergent management of perioperative coagulation, gastroparesis and functional dyspepsia, new strategies for treating NAFLD, and a special presentation on ACG Governors and you. The structure of the program includes a mix of didactic presentations delivered by expert faculty, breakout sessions, and significant question and answer opportunities.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, nurse practitioners, and other members of the healthcare team, and other members of the healthcare team interested in the latest information on diagnostic GI and liver diseases and state-of-the-art treatment of these illnesses.

### ACG's Functional GI Disorders School

Functional GI conditions such as irritable bowel syndrome and chronic idiopathic constipation are among the most prevalent functional diseases in the U.S. IBS is the most common disease diagnosed by gastroenterologists and one of the most common disorders seen by primary care physicians. These conditions can cause a level of personal suffering and disability in patients that is often not understood by health care providers. ACG's Functional GI Disorders School will review current goals of therapy and management strategies for IBS, utilizing the recent ACG Monograph on the Management of Irritable Bowel Syndrome as a primary resource. As part of a comprehensive approach to determining and assessing ways to improve communication, diagnosis, and management of patients with IBS, CIC, and other functional GI diseases, the Functional GI Disorders School program will have a direct impact for clinicians on the delivery of care.

This program is designed for gastroenterologists, primary care physicians, nurses, physician assistants, nurse practitioners, and other members of the healthcare team interested in the latest information on functional GI disorders and state-of-the-art treatment of these illnesses.

# ACG'S FUNCTIONAL GI DISORDERS SCHOOL—AGENDA

## COURSE DIRECTORS:

William D. Chey, MD, FACG and  
Eamonn M. M. Quigley, MD, MACG

## FRIDAY, AUGUST 13, 2021

7:00 am Registration and Continental Breakfast

8:00 am Welcome Remarks and Announcements  
*William D. Chey, MD, FACG and  
Eamonn M. M. Quigley, MD, MACG*

### SESSION 1: UPPER GI DISORDERS

8:10 am Diagnosis and Treatment of Functional Esophageal Disorders  
*Philip O. Katz, MD, MACG*  
Discuss a comprehensive team-based approach to functional esophageal disorders, their diagnoses, and treatments.

8:35 am Striking the Right Balance Between Functional Dyspepsia and Gastroparesis  
*Eamonn M. M. Quigley, MD, MACG*  
Describe similarities and differences in phenotype, evaluation, and treatment of patients with functional dyspepsia versus gastroparesis.

9:00 am Demystifying Behavioral Therapies for FGIDs: Connecting the Brain With the Gut  
*Laurie A. Keefer, PhD*  
Identify indications, techniques, and effectiveness of behavioral therapies that can be supported by expanding the care team for FGIDs.

9:25 am Practice Pearl #1: How to Teach Diaphragmatic Breathing  
*Laurie A. Keefer, PhD*  
Explain indications for and instruct providers how to teach diaphragmatic breathing to patients.

9:40 am Panel Discussion / Q & A

10:00 am Break

### SESSION 2: IRRITABLE BOWEL SYNDROME

10:20 am What Does and What Does Not Cause IBS?  
*Eamonn M. M. Quigley, MD, MACG*  
Apply the latest evidence to the pathogenesis of IBS.

10:40 am Arriving at a Confident Diagnosis of IBS: Rule-Out or Rule-In?  
*Darren M. Brenner, MD, FACG*  
Explain efficient, cost-effective evaluations of patients with IBS symptoms.

11:00 am Non-Medical Therapies for IBS: Soup to Nuts  
*William D. Chey, MD, FACG*  
Recognize the evidence supporting exercise, diet, and CAM therapies for IBS.

11:30 am Panel Discussion / Q & A

11:50 am Break – Lunch Provided

12:30 pm Medical Treatments for IBS: Sifting Through the Evidence  
*Darren M. Brenner, MD, FACG*  
Describe the indications, dosing, efficacy, and adverse event profile of OTC and prescription medications for IBS.

12:50 pm Microbiome-Based Treatments for IBS: Bugs or Drugs?  
*William D. Chey, MD, FACG*  
Discuss the rationale and efficacy of prebiotics, probiotics, antibiotics, and FMT for IBS.

1:10 pm Practice Pearl #2: The Inspired Digital Rectal Exam  
*William D. Chey, MD, FACG*  
Identify the elements of a proper digital rectal exam in patients with dyssnergic defecation and fecal incontinence.

1:25 pm Panel Discussion / Q & A

1:45 pm Break

### SESSION 3: FGID POTPOURRI

**2:00 pm The Chronically Constipated Patient:  
One Size Does Not Fit All**

*William D. Chey, MD, FACG*

Explain the diagnostic tests and when to use them in patients with chronic constipation and review the medical and non-medical treatment options.

**2:30 pm Bloating: Blowing Up Old Myths**

*Eamonn M. M. Quigley, MD, MACG*

Summarize the pathophysiology, evaluation, and treatment of bloating.

**3:00 pm Practice Pearl #3: Optimizing Patient-  
Provider Communication**

*Douglas A. Drossman, MD, MACG*

Demonstrate, using a case-based, role-play format, the tools needed to actively listen and effectively communicate complicated and difficult concepts to patients with FGIDs.

**3:40 pm Practice Pearl #4: Yoga for DGBIs**

*Christina M. Unger, NP*

Recognize the benefits of yoga for patients with disorders of gut-brain interaction.

**3:55 pm Neuromodulators: Making the Right  
Choice for Your Patient**

*Douglas A. Drossman, MD, MACG*

Describe the different choices available and how to choose between neuromodulators for patients with disorders of gut-brain interaction.

**4:20 pm Panel Discussion / Q & A**

**4:45 pm Course Adjourns**

### ON-DEMAND ONLY

*These lectures can be accessed using the ACG Mobile App. See information below.*

**Fecal Incontinence: Overflowing Options**

*Stacy Menees, MD, MS*

Identify the epidemiology, risk factors, diagnostic evaluation, and treatment of fecal incontinence.

**Practice Pearl #5: Physical Therapy for Patients  
With Pelvic Floor Disorders: A Primer for  
Gastroenterologists**

*Jen Shifferd, PT, CLT, WCS*

Explain the concepts underlying physical therapy, and provide practical tips for use in patients with constipation and fecal incontinence.

## MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the ACG Mobile App. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. (NOTE: A printed syllabus will not be provided.)



# MIDWEST REGIONAL POSTGRADUATE COURSE—AGENDA



## **COURSE DIRECTORS:**

Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG

## **SATURDAY, AUGUST 14, 2021**

7:00 am Registration and Continental Breakfast / Visit the Exhibit Hall

8:00 am Welcome Remarks and Announcements

*Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG*

## **SESSION 1: INFLAMMATORY BOWEL DISEASES**

*Moderator: Edith Y. Ho, MD, MS, FACG*

8:10 am **How Can We Position New Therapies for Treating Crohn's Disease and Ulcerative Colitis?**

*David T. Rubin, MD, FACG*

Describe the benefits and pitfalls regarding the latest therapeutic options in patients with IBD.

8:30 am **Optimizing Biological Therapy in IBD: What's the Target and How Do We Reach It?**

*Edward V. Loftus, Jr., MD, FACG*

Identify the appropriate treatment targets for IBD and evaluate the role of therapeutic drug monitoring in achieving these targets.

8:50 am **Complementary and Alternative Medicine in IBD**

*Edith Y. Ho, MD, MS, FACG*

Summarize the evidence for popular alternative IBD therapies including medical marijuana, herbal remedies, and probiotics.

9:10 am **Panel Discussion / Q & A**

## SESSION 2: COLON CANCER SCREENING

Moderator: Uri Ladabaum, MD, MS

**9:25 am Update on Colon Cancer Screening: New Guidelines**

*Aasma Shaukat, MD, MPH, FACG*

Summarize the latest guidelines on the endoscopic and non-endoscopic modalities in colon cancer screening.

**9:45 am How to Optimize Quality in Screening Colonoscopies**

*Uri Ladabaum, MD, MS*

Demonstrate practical techniques to enhance screening colonoscopies.

**10:05 am Challenging Colon Polyps: Pathology, Size, and Company**

*Dan Mullady, MD*

Identify difficult colon polyp scenarios and review the options in management.

**10:25 am Panel Discussion / Q & A**

**10:40 am Refreshment Break / Visit the Exhibit Hall**

## SESSION 3: FUNCTIONAL LOWER GI DISORDERS

Moderator: Eamonn M. M. Quigley, MD, MACG

**11:00 am What's Up With All This Pain and Constipation?**

*Eamonn M. M. Quigley, MD, MACG*

Identify diagnostic and therapeutic approaches to patients with IBS-Constipation.

**11:20 am Advances in IBS-D**

*Brooks D. Cash, MD, FACG*

Describe new therapeutics and treatment approaches for Irritable Bowel Syndrome with Diarrhea.

**11:40 am Advances in Pelvic Floor Dysfunction**

*Waqar A. Qureshi, MD, FACG*

Discuss the clinical evaluation and management of pelvic floor dysfunction.

**12:00 pm Panel Discussion / Q & A**

**12:15 pm Break for Lunch**

**1:10 pm ACG Governors and You – ACG at Work at the State Level**

*Dayna S. Early, MD, FACG*

Examine how the ACG Governors help to address important issues facing gastroenterologists and discuss the formation of the Missouri State GI Society.

## SESSION 4: PANCREATO-HEPATOBIILIARY DISEASES

Moderator: Jason R. Taylor, MD

**1:25 pm From Acute to Necrotizing Pancreatitis: The First 72 Hours and Beyond**

*Jason R. Taylor, MD*

Describe the evolution of management strategies for treating acute pancreatitis that develops into necrotizing pancreatitis.

**1:45 pm Management of Chronic Pancreatitis in 2021**

*Douglas G. Adler, MD, FACG*

Propose comprehensive endoscopic and non-endoscopic management strategies for chronic pancreatitis.

**2:05 pm From Pancreatic Cysts to Pancreatic Cancer: Screening and Surveillance**

*Randall E. Brand, MD, FACG*

Identify and discuss methods in diagnosing and managing pancreatic cysts and cancer.

**2:25 pm Panel Discussion / Q & A**

**2:40 pm Break - Dessert in the Exhibit Hall**

# MIDWEST REGIONAL POSTGRADUATE COURSE—AGENDA

## SESSION 5: POTPOURRI

### **3:00 pm Elective and Emergent Management of Perioperative Anticoagulation**

*Vladimir Kushnir, MD*

Analyze strategies to enhance outcomes in both elective and urgent endoscopy in the anticoagulated patient.

### **3:50 pm Practical Pearls From a Psychologist and Dietitian for Treating IBS and IBD**

*Moderator: Edith Y. Ho, MD, MS, FACG*

*Panelists: Gabriela Gardner, RDN-AP, LD, CNSC, and Laurie A. Keefer, PhD*

Demonstrate behavioral and dietary treatment strategies that gastroenterologists can implement in everyday practice.

### **4:40 pm Pearls and Pitfalls of Managing IBD in Special Populations**

*Moderator: Edith Y. Ho, MD, MS, FACG*

*Panelists: Edward V. Loftus, Jr., MD, FACG, and David T. Rubin, MD, FACG*

Discuss IBD diagnostic and treatment considerations in special populations.

### **5:25 pm Course Adjourns for the Day**

## **SUNDAY, AUGUST 15, 2021**

### **7:00 am Continental Breakfast / Visit the Exhibit Hall**

### **7:55 am Welcome and Announcements**

*Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG*

## SESSION 6: ESOPHAGUS, STOMACH, AND SMALL BOWEL

*Moderator: Stuart J. Spechler, MD, FACG*

### **8:00 am Everything GERD and PPI: Why, When, Whom, How to Stop PPIs, and When to Go for Surgery**

*Stuart J. Spechler, MD, FACG*

Appraise current evidence surrounding the indications and implications of long-term PPI use in GERD patients.

### **8:20 am Dysphagia: A Practical Algorithm**

*Katarina B. Greer, MD, MS Epi*

Differentiate and manage mechanical (eosinophilic esophagitis, esophageal strictures) and motility disorders in patients presenting with dysphagia.

### **8:40 am Gastroparesis and Functional Dyspepsia**

*Christine Y. Hachem, MD, FACG*

Compare and contrast the diagnosis and treatment of gastroparesis and functional dyspepsia including the treatment of *H. pylori*.

### **9:00 am The Black Box Beyond the Pylorus**

*Sarah K. McGill, MD, MSc*

Identify and treat small bowel diseases and malabsorption syndromes.



9:20 am Panel Discussion / Q & A

9:40 am Refreshment Break / Visit the Exhibit Hall

### **SESSION 7: HEPATOLOGY**

*Moderator: Mark E. Mailliard, MD, FACG*

10:00 am **Hepatitis C: Eradication and Elimination**

*Mitchell L. Shiffman, MD, FACG*

Review current therapeutics, successes, and problems in HCV therapy and global elimination.

10:20 am **NAFLD: New Strategies and Therapies**

*Paul Y. Kwo, MD, FACG*

Summarize the diagnostic approach and management of NAFLD in 2021.

10:40 am **Cirrhotic Portal Hypertension: Enhancing Outcomes**

*Jasmohan S. Bajaj, MD, MSc, FACG*

Describe the management of decompensated portal hypertension and steps in preparing for transplantation.

11:00 am Panel Discussion / Q & A

11:20 am **Course Wrap-Up and Take-Away Points**

*Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG*

11:35 am **Course Adjourns**



# REGISTRATION INFORMATION / ACCREDITATION

## REGISTRATION INFORMATION

There are separate registration fees for ACG's Functional GI Disorders School and the Midwest Regional Postgraduate Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for ACG's Functional GI Disorders School attendees, lunch on Saturday for Midwest Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available.

A full refund of registration fees will be given, minus a \$25 administrative fee, if written notice of cancellation is received by ACG by **July 12, 2021**. No refunds will be given after this date. Attendees must register online at [meetings.gi.org](https://meetings.gi.org).

ACG'S FUNCTIONAL GI DISORDERS SCHOOL REGISTRATION	
ACG MEMBER TYPE	FEE
Physician	\$125
Resident / Trainee / Candidate	\$125
Associate / Advanced Practice Provider	\$125
NON-MEMBER TYPE	
Physicians / PharmD / PhD / Guest	\$175
Resident / Trainee	\$175
NP / PA / Allied Health (RN, LPN)	\$175

MIDWEST REGIONAL COURSE REGISTRATION	
ACG MEMBER TYPE	FEE
Physician	\$449
Resident / Trainee / Candidate	\$179
Associate / Advanced Practice Provider	\$289
NON-MEMBER TYPE	
Physicians / PharmD / PhD / Guest	\$549
Resident / Trainee	\$229
NP / PA / Allied Health (RN, LPN)	\$349

## ACCREDITATION / CME / MOC

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### ACG's Functional GI Disorders School

The American College of Gastroenterology designates this other activity (blended learning) for a maximum of 8.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.25 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### Midwest Regional Postgraduate Course

The American College of Gastroenterology designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## ACCOMMODATIONS

Both programs will take place at the Hilton St. Louis at the Ballpark in the heart of downtown St. Louis. The Hilton is located steps away from Busch Stadium and the famous Gateway Arch in addition to a number of unique restaurants and shops. Other area attractions include the St. Louis Art Museum, Missouri Botanical Gardens, and Anheuser-Busch Brewery Tours.

To make your hotel reservation, you may book online at [bit.ly/3nOlhgH](https://bit.ly/3nOlhgH) or call the Hilton directly at 1-877-845-7354 or 314-421-1776. Special meeting room rates per night are \$165 for single/double plus tax. Complimentary in-room internet and fitness center access will be provided for ACG course attendees. All major credit cards are accepted.

Reservations must be made before July 12, 2021, in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. **Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available.** All reservations require a deposit of one night's room and tax upon reservation.

Cancellations made within 24 hours of check-in will be charged one night's room and tax. Check-in time is 4:00 p.m. Check-out time is 11:00 a.m. The Hilton St. Louis at the Ballpark is located at One South Broadway at Market Street, St. Louis, MO.

## MORE INFORMATION

For more information about these programs, contact ACG at [education@gi.org](mailto:education@gi.org).

Americans with Disabilities Act: Attendees of these ACG programs who need additional reasonable accommodations or who have special needs (please indicate any dietary needs on the registration form) should contact the ACG office at [registration@gi.org](mailto:registration@gi.org) no later than **July 12, 2021**.



AMERICAN COLLEGE  
OF GASTROENTEROLOGY  
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2021

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