ACG'S FUNCTIONAL GI DISORDERS SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE

AUGUST 13-15, 2021 | HILTON ST. LOUIS AT THE BALLPARK
ST. LOUIS, MISSOURI

ACG’S FUNCTIONAL GI DISORDERS SCHOOL
EARN UP TO 8.25 CME CREDITS

MIDWEST REGIONAL POSTGRADUATE COURSE
EARN UP TO 8.25 MOC POINTS
JOIN COLLEAGUES IN ST. LOUIS FOR ACG’S 1-DAY FUNCTIONAL GI DISORDERS SCHOOL AND WEEKEND MIDWEST REGIONAL POSTGRADUATE COURSE

ACG’s Functional GI Disorders School, to be held on Friday, August 13, is a day-long interactive program that focuses on the diagnosis, treatment, and understanding of IBS and other functional disease states. This program is designed to better enable clinical gastroenterologists and their advanced practice provider colleagues to triage, treat, and refer patients more efficiently.

Led by Course Directors Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG, the Midwest Regional Postgraduate Course, offered on Saturday and Sunday, August 14-15, will focus on areas such as IBD, colon, liver, pancreaticobiliary, small bowel, stomach and esophagus, and hepatology.

Both programs will take place at the Hilton St. Louis at the Ballpark. This vibrant hotel next to Busch Stadium is located in the heart of downtown, only 20 minutes from Lambert-St. Louis International Airport, and steps from the iconic Gateway Arch. Experience amazing infield views from your guest room and enjoy numerous sports, dining, and entertainment options at Ballpark Village.

PLAN YOUR VISIT AT: EXPLORESTLOUIS.COM
PROGRAM DESCRIPTION

Midwest Regional Postgraduate Course
The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice, and addresses management updates in a variety of gastrointestinal and hepatic areas. During this course, multiple topics will be covered including optimizing biological therapy in IBD, challenging colon polyps, advances in IBS-D, screening, and surveillance of pancreatic cysts, elective and emergent management of perioperative coagulation, gastroparesis and functional dyspepsia, new strategies for treating NAFLD, and a special presentation on ACG Governors and you. The structure of the program includes a mix of didactic presentations delivered by expert faculty, breakout sessions, and significant question and answer opportunities.

This program is designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, nurse practitioners, and other members of the healthcare team, and other members of the healthcare team interested in the latest information on diagnostic GI and liver diseases and state-of-the-art treatment of these illnesses.

ACG’s Functional GI Disorders School
Functional GI conditions such as irritable bowel syndrome and chronic idiopathic constipation are among the most prevalent functional diseases in the U.S. IBS is the most common disease diagnosed by gastroenterologists and one of the most common disorders seen by primary care physicians. These conditions can cause a level of personal suffering and disability in patients that is often not understood by health care providers. ACG’s Functional GI Disorders School will review current goals of therapy and management strategies for IBS, utilizing the recent ACG Monograph on the Management of Irritable Bowel Syndrome as a primary resource. As part of a comprehensive approach to determining and assessing ways to improve communication, diagnosis, and management of patients with IBS, CIC, and other functional GI diseases, the Functional GI Disorders School program will have a direct impact for clinicians on the delivery of care.

This program is designed for gastroenterologists, primary care physicians, nurses, physician assistants, nurse practitioners, and other members of the healthcare team interested in the latest information on functional GI disorders and state-of-the-art treatment of these illnesses.
FRIDAY, AUGUST 13, 2021

SESSION 1: UPPER GI DISORDERS

9:00 am Demystifying Behavioral Therapies for FGIDs: Connecting the Brain With the Gut
Laurie A. Keefer, PhD
Identify indications, techniques, and effectiveness of behavioral therapies that can be supported by expanding the care team for FGIDs.

9:25 am Practice Pearl #1: How to Teach Diaphragmatic Breathing
Laurie A. Keefer, PhD
Explain indications for and instruct providers how to teach diaphragmatic breathing to patients.

9:40 am Panel Discussion / Q & A

SESSION 2: IRRITABLE BOWEL SYNDROME

10:00 am Break

10:20 am What Does and What Does Not Cause IBS?
Eamonn M. M. Quigley, MD, MACG
Apply the latest evidence to the pathogenesis of IBS.

10:40 am Arriving at a Confident Diagnosis of IBS: Rule-Out or Rule-In?
Darren M. Brenner, MD, FACG
Explain efficient, cost-effective evaluations of patients with IBS symptoms.

11:00 am Non-Medical Therapies for IBS: Soup to Nuts
William D. Chey, MD, FACG
Recognize the evidence supporting exercise, diet, and CAM therapies for IBS.

11:30 am Panel Discussion / Q & A

11:50 am Break – Lunch Provided

12:30 pm Medical Treatments for IBS: Sifting Through the Evidence
Darren M. Brenner, MD, FACG
Describe the indications, dosing, efficacy, and adverse event profile of OTC and prescription medications for IBS.

12:50 pm Microbiome-Based Treatments for IBS: Bugs or Drugs?
William D. Chey, MD, FACG
Discuss the rationale and efficacy of prebiotics, probiotics, antibiotics, and FMT for IBS.

1:10 pm Practice Pearl #2: The Inspired Digital Rectal Exam
William D. Chey, MD, FACG
Identify the elements of a proper digital rectal exam in patients with dyssynergic defecation and fecal incontinence.

1:25 pm Panel Discussion / Q & A

1:45 pm Break
MOBILE APP INFORMATION
Included with your registration is complimentary access to the course presentations via the ACG Mobile App. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. (NOTE: A printed syllabus will not be provided.)

SESSION 3: FGID POTPOURRI

2:00 pm  The Chronically Constipated Patient: One Size Does Not Fit All
William D. Chey, MD, FACP
Explain the diagnostic tests and when to use them in patients with chronic constipation and review the medical and non-medical treatment options.

2:30 pm  Bloating: Blowing Up Old Myths
Eamonn M. M. Quigley, MD, MACG
Summarize the pathophysiology, evaluation, and treatment of bloating.

3:00 pm  Practice Pearl #3: Optimizing Patient-Provider Communication
Douglas A. Drossman, MD, MACG
Demonstrate, using a case-based, role-play format, the tools needed to actively listen and effectively communicate complicated and difficult concepts to patients with FGIDs.

3:40 pm  Practice Pearl #4: Yoga for DGBIs
Christina M. Unger, NP
Recognize the benefits of yoga for patients with disorders of gut-brain interaction.

3:55 pm  Neuromodulators: Making the Right Choice for Your Patient
Douglas A. Drossman, MD, MACG
Describe the different choices available and how to choose between neuromodulators for patients with disorders of gut-brain interaction.

4:20 pm  Panel Discussion / Q & A

4:45 pm  Course Adjourns

ON-DEMAND ONLY
These lectures can be accessed using the ACG Mobile App. See information below.

Fecal Incontinence: Overflowing Options
Stacy Menees, MD, MS
Identify the epidemiology, risk factors, diagnostic evaluation, and treatment of fecal incontinence.

Practice Pearl #5: Physical Therapy for Patients With Pelvic Floor Disorders: A Primer for Gastroenterologists
Jen Shifferd, PT, CLT, WCS
Explain the concepts underlying physical therapy, and provide practical tips for use in patients with constipation and fecal incontinence.
COURSE DIRECTORS:
Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG

SATURDAY, AUGUST 14, 2021
7:00 am Registration and Continental Breakfast / Visit the Exhibit Hall
8:00 am Welcome Remarks and Announcements
   Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG

SESSION 1: INFLAMMATORY BOWEL DISEASES
Moderator: Edith Y. Ho, MD, MS, FACG
8:10 am How Can We Position New Therapies for Treating Crohn’s Disease and Ulcerative Colitis?
   David T. Rubin, MD, FACG
   Describe the benefits and pitfalls regarding the latest therapeutic options in patients with IBD.

8:30 am Optimizing Biological Therapy in IBD: What’s the Target and How Do We Reach It?
   Edward V. Loftus, Jr., MD, FACG
   Identify the appropriate treatment targets for IBD and evaluate the role of therapeutic drug monitoring in achieving these targets.

8:50 am Complementary and Alternative Medicine in IBD
   Edith Y. Ho, MD, MS, FACG
   Summarize the evidence for popular alternative IBD therapies including medical marijuana, herbal remedies, and probiotics.

9:10 am Panel Discussion / Q & A
SESSION 2: COLON CANCER SCREENING
Moderator: Uri Ladabaum, MD, MS

9:25 am  Update on Colon Cancer Screening: New Guidelines
Aasma Shaukat, MD, MPH, FACG
Summarize the latest guidelines on the endoscopic and non-endoscopic modalities in colon cancer screening.

9:45 am  How to Optimize Quality in Screening Colonoscopies
Uri Ladabaum, MD, MS
Demonstrate practical techniques to enhance screening colonoscopies.

10:05 am  Challenging Colon Polyps: Pathology, Size, and Company
Dan Mullady, MD
Identify difficult colon polyp scenarios and review the options in management.

10:25 am  Panel Discussion / Q & A

10:40 am  Refreshment Break / Visit the Exhibit Hall

SESSION 3: FUNCTIONAL LOWER GI DISORDERS
Moderator: Eamonn M. M. Quigley, MD, MACG

11:00 am  What’s Up With All This Pain and Constipation?
Eamonn M. M. Quigley, MD, MACG
Identify diagnostic and therapeutic approaches to patients with IBS-Constipation.

11:20 am  Advances in IBS-D
Brooks D. Cash, MD, FACG
Describe new therapeutics and treatment approaches for Irritable Bowel Syndrome with Diarrhea.

11:40 am  Advances in Pelvic Floor Dysfunction
Waqar A. Qureshi, MD, FACG
Discuss the clinical evaluation and management of pelvic floor dysfunction.

12:00 pm  Panel Discussion / Q & A

12:15 pm  Break for Lunch

SESSION 4: PANCREATO-HEPATOBILIARY DISEASES
Moderator: Jason R. Taylor, MD

1:25 pm  From Acute to Necrotizing Pancreatitis: The First 72 Hours and Beyond
Jason R. Taylor, MD
Describe the evolution of management strategies for treating acute pancreatitis that develops into necrotizing pancreatitis.

1:45 pm  Management of Chronic Pancreatitis in 2021
Douglas G. Adler, MD, FACG
Propose comprehensive endoscopic and non-endoscopic management strategies for chronic pancreatitis.

2:05 pm  From Pancreatic Cysts to Pancreatic Cancer: Screening and Surveillance
Randall E. Brand, MD, FACG
Identify and discuss methods in diagnosing and managing pancreatic cysts and cancer.

2:25 pm  Panel Discussion / Q & A

2:40 pm  Break - Dessert in the Exhibit Hall
SESSION 5: POTPOURRI

3:00 pm  Elective and Emergent Management of Perioperative Anticoagulation
Vladimir Kushnir, MD
Analyze strategies to enhance outcomes in both elective and urgent endoscopy in the anticoagulated patient.

3:50 pm  Practical Pearls From a Psychologist and Dietitian for Treating IBS and IBD
Moderator: Edith Y. Ho, MD, MS, FACG
Panelists: Gabriela Gardner, RDN-AP, LD, CNSC, and Laurie A. Keefer, PhD
Demonstrate behavioral and dietary treatment strategies that gastroenterologists can implement in everyday practice.

4:40 pm  Pearls and Pitfalls of Managing IBD in Special Populations
Moderator: Edith Y. Ho, MD, MS, FACG
Panelists: Edward V. Loftus, Jr., MD, FACG, and David T. Rubin, MD, FACG
Discuss IBD diagnostic and treatment considerations in special populations.

5:25 pm  Course Adjourns for the Day

SESSION 6: ESOPHAGUS, STOMACH, AND SMALL BOWEL
Moderator: Stuart J. Spechler, MD, FACG

8:00 am  Everything GERD and PPI: Why, When, Whom, How to Stop PPIs, and When to Go for Surgery
Stuart J. Spechler, MD, FACG
Appraise current evidence surrounding the indications and implications of long-term PPI use in GERD patients.

8:20 am  Dysphagia: A Practical Algorithm
Katarina B. Greer, MD, MS Epi
Differentiate and manage mechanical (eosinophilic esophagitis, esophageal strictures) and motility disorders in patients presenting with dysphagia.

8:40 am  Gastroparesis and Functional Dyspepsia
Christine Y. Hachem, MD, FACG
Compare and contrast the diagnosis and treatment of gastroparesis and functional dyspepsia including the treatment of H. pylori.

9:00 am  The Black Box Beyond the Pylorus
Sarah K. McGill, MD, MSc
Identify and treat small bowel diseases and malabsorption syndromes.
SESSION 7: HEPATOLOGY
Moderator: Mark E. Mailliard, MD, FACG

10:00 am  Hepatitis C: Eradication and Elimination
Mitchell L. Shiffman, MD, FACG
Review current therapeutics, successes, and problems in HCV therapy and global elimination.

10:20 am  NAFLD: New Strategies and Therapies
Paul Y. Kwo, MD, FACG
Summarize the diagnostic approach and management of NAFLD in 2021.

10:40 am  Cirrhotic Portal Hypertension: Enhancing Outcomes
Jasmohan S. Bajaj, MD, MSc, FACG
Describe the management of decompensated portal hypertension and steps in preparing for transplantation.

11:00 am  Panel Discussion / Q & A

11:20 am  Course Wrap-Up and Take-Away Points
Edith Y. Ho, MD, MS, FACG, and Mark E. Mailliard, MD, FACG

11:35 am  Course Adjourns
REGISTRATION INFORMATION

There are separate registration fees for ACG’s Functional GI Disorders School and the Midwest Regional Postgraduate Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for ACG’s Functional GI Disorders School attendees, lunch on Saturday for Midwest Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available.

A full refund of registration fees will be given, minus a $25 administrative fee, if written notice of cancellation is received by ACG by July 12, 2021. No refunds will be given after this date. Attendees must register online at meetings.gi.org.

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The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG’s Functional GI Disorders School
The American College of Gastroenterology designates this other activity (blended learning) for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Midwest Regional Postgraduate Course
The American College of Gastroenterology designates this live activity for a maximum of 11 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.25 Medical Knowledge MOC points in the ABIM’s MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11 Medical Knowledge MOC points in the ABIM’s MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS
Both programs will take place at the Hilton St. Louis at the Ballpark in the heart of downtown St. Louis. The Hilton is located steps away from Busch Stadium and the famous Gateway Arch in addition to a number of unique restaurants and shops. Other area attractions include the St. Louis Art Museum, Missouri Botanical Gardens, and Anheuser-Busch Brewery Tours.

To make your hotel reservation, you may book online at bit.ly/3nOlhgH or call the Hilton directly at 1-877-845-7354 or 314-421-1776. Special meeting room rates per night are $165 for single/double plus tax. Complimentary in-room internet and fitness center access will be provided for ACG course attendees. All major credit cards are accepted.

Reservations must be made before July 12, 2021, in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and are available on a first-come, first-served basis. Once ACG’s room block is sold out, the hotel may charge a higher rate for any additional rooms made available. All reservations require a deposit of one night’s room and tax upon reservation. Cancellations made within 24 hours of check-in will be charged one night’s room and tax. Check-in time is 4:00 p.m. Check-out time is 11:00 a.m. The Hilton St. Louis at the Ballpark is located at One South Broadway at Market Street, St. Louis, MO.

MORE INFORMATION
For more information about these programs, contact ACG at education@gi.org.

Americans with Disabilities Act: Attendees of these ACG programs who need additional reasonable accommodations or who have special needs (please indicate any dietary needs on the registration form) should contact the ACG office at registration@gi.org no later than July 12, 2021.
2021

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REGISTER BY JULY 12 AND SAVE!
meetings.gi.org

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