ACG’S FUNCTIONAL GI DISORDERS SCHOOL &
BRIDGING THE LEADERSHIP GAP IN GASTROENTEROLOGY COURSE

A project of the Women in GI Committee

January 10-12, 2020 | MARRIOTT MARQUIS HOTEL, SAN DIEGO, CALIFORNIA
ACG’s Functional GI Disorders School & Bridging the Leadership Gap in Gastroenterology Course are designed to meet the needs of the entire GI team.

Bring your entire practice and join colleagues at these two outstanding programs developed specifically for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, nurse practitioners, physician assistants, pharmacists, therapists, and other members of the GI patient care team.

These programs are ideal for health care providers who are looking for a comprehensive update but don’t want to spend valuable time away from the office. We have added a full day of education on Friday, nearly doubling the total education time offered for the weekend. ACG’s Functional GI Disorders School is a day-long interactive educational program that focuses on the diagnosis, treatment, and understanding of IBS and other functional disease states.

The NEW ACG Bridging the Leadership Gap in Gastroenterology Course, a project of the Women in GI Committee, will be offered all day Saturday and a half-day Sunday, and combines career and life balance strategies to ensure your
success in GI leadership. Network with fellow colleagues, share your experiences, and benefit from rewarding peer-to-peer mentoring in a collegial environment. This program will feature a special networking session on characteristics of effective leaders and ways to incorporate those traits into your leadership style. This unique program highlights the challenges gastroenterologists face in practice, along with ways to build resilience, professional success, and career satisfaction in a changing healthcare environment.

Both programs will take place at the Marriott Marquis Hotel which is within walking distance to many popular attractions. Whether you’re attracted to a vibrant downtown or if the laid back beach scene is more your style, San Diego offers something for everyone. The world renowned San Diego Zoo is a must-see for any visitor and is considered one of the finest zoological parks in the country, if not the world. Another very popular attraction is Balboa Park, the largest urban cultural park in the nation and home to 15 museums. The hotel is located just steps away from the popular Gaslamp Quarter, which offers a wide variety of restaurants and boutiques.

Plan your visit to San Diego at sandiego.org.

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the ACG Mobile app. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course, to view, download, or print the presentation slides.

(NOTE: A printed syllabus will not be provided.)
ACG’S FUNCTIONAL GI DISORDERS SCHOOL—AGENDA

COURSE DIRECTORS:
William D. Chey, MD, FACP, and Eamonn M. M. Quigley, MD, MACE

FRIDAY, JANUARY 10, 2020

7:00 am Registration and Continental Breakfast
8:00 am Welcome Remarks and Announcements
William D. Chey, MD, FACP, and Eamonn M. M. Quigley, MD, MACE

SESSION 1: UPPER GI DISORDERS

8:10 am Diagnosis and Treatment of Functional Esophageal Disorders
Joan W. Chen, MD
Discuss a comprehensive team-based approach to functional esophageal disorders, their diagnoses, and treatments.

8:35 am Distinguishing Between Functional Dyspepsia and Gastroparesis: Does It Matter?
Eamonn M. M. Quigley, MD, MACE
Describe similarities in phenotype, evaluation, and treatment of patients with functional dyspepsia versus gastroparesis.

9:40 am Panel Discussion / Q & A

9:00 am Demystifying Behavioral Therapies for FGIDs: Connecting the Brain With the Gut
Laurie A. Keefer, PhD
Identify indications, techniques, and effectiveness of behavioral therapies that can be supported by expanding the care team for FGIDs.

9:25 am Practice Pearl #1: How to Teach Diaphragmatic Breathing
Laurie A. Keefer, PhD
Explain indications for and instruct providers how to teach diaphragmatic breathing to patients.

10:00 am Break

SESSION 2: IRRITABLE BOWEL SYNDROME

10:20 am What Does and What Does Not Cause IBS?
Lin Chang, MD, FACP
Apply the latest evidence to the pathogenesis of IBS.

10:40 am Arriving at a Confident Diagnosis of IBS: Rule-Out or Rule-In?
Darren M. Brenner, MD
Explain efficient, cost-effective evaluations of patients with IBS symptoms.

11:00 am Non-Medical Therapies for IBS: Soup to Nuts
William D. Chey, MD, FACP
Recognize the evidence supporting exercise, diet, and CAM therapies for IBS.

11:50 am Break – Lunch Provided

12:10 pm Rome Foundation Lunch Workshop—Practice Pearl #2: Optimizing Patient-Provider Communication
Douglas A. Drossman, MD, MACE
Demonstrate, using a case-based, role-play format, the tools needed to actively listen and effectively communicate complicated and difficult concepts to patients with FGIDs.

1:00 pm Medical Treatments for IBS: Sifting Through the Evidence
Darren M. Brenner, MD
Describe the indications, dosing, efficacy, and adverse event profile of OTC and prescription medications for IBS.
1:20 pm Microbiome-Based Treatments for IBS: Bugs or Drugs?  
*William D. Chey, MD, FACG*
Discuss the rationale and efficacy of prebiotics, probiotics, antibiotics, and FMT for IBS.

1:40 pm Practice Pearl #3: The Inspired Digital Rectal Exam  
*William D. Chey, MD, FACG*
Identify the elements of a proper digital rectal exam in patients with dysnergic defecation and fecal incontinence.

1:55 pm Panel Discussion / Q & A

2:15 pm Break

**SESSION 3: FGID POTPOURRI**

2:30 pm The Chronically Constipated Patient: Avoiding Another Shutdown  
*Lin Chang, MD, FACP*
Explain the diagnostic tests and when to use them in patients with chronic constipation and review the medical and non-medical treatment options.

3:00 pm Bloating: Blowing Up Old Myths  
*Brian E. Lacy, MD, PhD, FACP*
Summarize the pathophysiology, evaluation, and treatment of bloating.

3:30 pm Fecal Incontinence: Overflowing Options  
*Stacy B. Menees, MD*
Identify the epidemiology, risk factors, diagnostic evaluation, and treatment of fecal incontinence.

4:00 pm Practice Pearl #4: Physical Therapy for Patients With Pelvic Floor Disorders: A Primer for Gastroenterologists  
*Jen Shifferd, PT, CLT, WCS*
Explain the concepts underlying physical therapy, and provide practical tips for use in patients with constipation and fecal incontinence.

4:20 pm Best of FGIDs in the *AJG*: 2018-2019  
*Brian E. Lacy, MD, PhD, FACP*
Review the most impactful articles on FGIDs published in the *AJG*.

4:40 pm Panel Discussion / Q & A

5:00 pm Course Adjourns
COURSE DIRECTORS:
Jill K. J. Gaidos, MD, FACG, and Amy S. Oxentenko, MD, FACG

SATURDAY, JANUARY 11, 2020

7:00 am  Registration and Continental Breakfast

8:00 am  Welcome Remarks and Announcements
          Jill K. J. Gaidos, MD, FACG, and Amy S. Oxentenko, MD, FACG

SESSION 1: COMMUNICATION SKILLS FOR CAREER ADVANCEMENT
Moderator: Amy S. Oxentenko, MD, FACG

8:10 am  Running a Committee: How to Communicate and Delegate
          Jill K. J. Gaidos, MD, FACG
          Explain strategies to effectively organize and lead a productive committee.

8:30 am  Tips for Writing a Manuscript That Editors Want to Publish
          William D. Chey, MD, FACG
          Describe key characteristics of a manuscript that will facilitate publication.

8:50 am  How to Make Your Next Presentation Better Than Your Last One
          Amy S. Oxentenko, MD, FACG
          Illustrate how to deliver the most effective presentation.

9:10 am  Panel Discussion / Q & A
SESSION 2: MOVING UP THE LADDER: HOW TO PREPARE FOR NEXT STEPS
Moderator: Mark B. Pochapin, MD, FACG
9:30 am  The Various Promotional Tracks...What You Need to Know
Ronald J. Vender, MD, MACG
Summarize promotional tracks and how to move from one to another.

9:50 am  The Keys to and Importance of Networking
Sheila E. Crowe, MD, FACG
Demonstrate how to network and how networking can advance your career.

10:10 am Mentor, Sponsor, or Coach: Understanding the Differences
Mark B. Pochapin, MD, FACG
Differentiate the roles and importance of a mentor, sponsor, and coach and illustrate ways to promote colleagues in medicine.

10:30 am Panel Discussion / Q & A
10:50 am Break

SESSION 3: IMPROVING PRACTICES WITHIN GI SUBSPECIALTIES
(Breakout Sessions, choose 1)

11:10 am  Talk 1: Keys to Running an Efficient and Effective IBD Center
Millie D. Long, MD, MPH, FACG
Identify key areas for optimizing efficient IBD patient care.

Talk 2: Developing a Successful Motility Lab
Rena H. Yadlapati, MD, MSHS
Describe the necessary components to create a successful motility lab.

Talk 3: What It Takes to Lead a Clinical Trials Program
Cynthia Levy, MD
Summarize the roles of key faculty and staff in a well-run clinical trials program.

Talk 4: How to Improve Your Endoscopy Practices
David A. Greenwald, MD, FACG
Review the latest quality measures in endoscopy, and describe optimal ergonomic techniques that avoid injury to the endoscopist.

12:10 pm Break / Lunch Provided
12:30 pm Luncheon Presentation: Professional Leadership Development and the Benefits of Leadership Coaching
Dawn E. Peters, MSW, LCSW
Demonstrate the beneficial effects of working with a coach to assess and develop leadership skills.

1:15 pm Break

SESSION 4: HOW TO MAKE THE MOST OF YOUR TIME AT WORK
Moderator: Jill K. J. Gaidos, MD, FACG

1:30 pm Practice Efficiency and Maximizing Ancillary Staff
Shivangi T. Kothari, MD, FACG
Describe ways to incorporate time-saving measures in your daily practice.

1:50 pm Using Emotional Intelligence to Maximize Your Performance
Aasma Shaukat, MD, MPH, FACG
Define emotional intelligence and explain how to use it to your benefit.

2:10 pm Considering Other Career Options
Jill K. J. Gaidos, MD, FACG
Recognize alternative pathways to satisfy your career goals.
SESSION 5: NOW, WHAT TO DO WITH ALL YOUR FREE TIME
Moderator: Christina M. Surawicz, MD, MACG

2:30 pm Panel Discussion / Q & A

2:50 pm Break

2:50 pm Break

SESSION 5: NOW, WHAT TO DO WITH ALL YOUR FREE TIME
Moderator: Christina M. Surawicz, MD, MACG

3:10 pm Developing Your Media Presence: Getting Started
Mark B. Pochapin, MD, FACG
Compare social media sites and describe how to develop an online presence.

3:30 pm The Keys to Wellness: How to Set Boundaries
Bincy P. Abraham, MD, FACG
Illustrate ways to protect your time at work and at home.

3:50 pm Physician Burnout and Interventions to Prevent It
Christina M. Surawicz, MD, MACG
List key signs and symptoms of burnout and strategies for prevention.

4:10 pm Panel Discussion / Q & A

4:30 pm Break

6:00 pm Networking Session and Reception

6:30 pm Keynote Speaker and Dinner: Leading the Way—It’s Not Just What You Know
Jean B. Gasen, PCC, PhD
Identify characteristics of effective leaders and ways to incorporate those traits into your leadership style.

SESSION 6: OPPORTUNITIES FOR INVOLVEMENT OUTSIDE THE CLINICAL GI PRACTICE
Moderator: Maria T. Abreu, MD

SUNDAY, JANUARY 12, 2020

7:00 am Continental Breakfast

7:50 am Welcome and Announcements
Jill K. J. Gaidos, MD, FACG, and Amy S. Oxentenko, MD, FACG

8:00 am Managing Your Relationships With Pharmaceutical and Device Companies
Maria T. Abreu, MD
Appraise ethical considerations when working with pharmaceutical and device companies.

8:20 am Careers Within Industry
Anca Pop, MD
Identify career options within the pharmaceutical industry.

8:40 am Participation in GI Educational Experiences
Renee L. Williams, MD, MHPE, FACG
Demonstrate opportunities for involvement with educational organizations.

9:00 am Panel Discussion / Q & A
SESSION 7: THE ROAD TO THE C-SUITE
Moderator: Carol A. Burke, MD, FACG

9:20 am  How to Make Your Mark in the ACG
Carol A. Burke, MD, FACG
Describe strategies to get involved and stay involved within the ACG.

9:40 am  What It Takes to Lead a GI Practice
Aasma Shaukat, MD, MPH, FACG
Recognize how to acquire leadership skills needed to run a GI division or practice.

10:00 am  Twelve Habits That Hold Women Back
Amy S. Oxentenko, MD, FACG
Illustrate key habits that can hinder career advancement.

10:20 am  Panel Discussion / Q & A

10:40 am  Break

SESSION 8: TAKING THE LONG VIEW – PREPARING FOR YOUR BEST FUTURE
Moderator: Ronald J. Vender, MD, MACG

11:00 am  Strategic Approach to Crucial Conversations
Ronald J. Vender, MD, MACG
Recognize the stepwise approach to tackling crucial conversations.

11:20 am  Developing Your 5-Year Plan
Colleen M. Schmitt, MD, FACG
Identify steps to take to develop and achieve future career plans.

11:40 am  Tips on Breaking the Glass Ceiling
Christina M. Surawicz, MD, MACG
Summarize lessons learned on how women can reach their highest potential.

12:00 pm  Panel Discussion / Q & A

12:20 pm  Course Wrap-Up and Take-Away Points
Jill K. J. Gaidos, MD, FACG, and Amy S. Oxentenko, MD, FACG

12:30 pm  Course Adjourns
PROGRAM DESCRIPTION

ACG’S Functional GI Disorders School
Functional GI conditions such as irritable bowel syndrome and chronic idiopathic constipation are among the most prevalent functional diseases in the U.S. IBS is the most common disease diagnosed by gastroenterologists and one of the most common disorders seen by primary care physicians. These conditions can cause a level of personal suffering and disability in patients that is often not understood by health care providers. ACG’s new Functional GI Disorders School will review current goals of therapy and management strategies for IBS, utilizing the recent ACG Monograph on the Management of Irritable Bowel Syndrome as a primary resource. As part of a comprehensive approach to determining and assessing ways to improve communication, diagnosis, and management of patients with IBS, CIC, and other functional GI diseases, the Functional GI Disorders School program will have a direct impact for clinicians on the delivery of care.

Bridging the Leadership Gap in Gastroenterology Course
A project of the Women in GI Committee
This unique day-and-a-half program is designed to address the day-to-day challenges gastroenterologists face as the environment and delivery of healthcare evolves. Specific strategies to enhance your personal and professional success will be offered. Led by Course Co-Directors Jill K. J. Gaidos, MD, FACG, and Amy S. Oxentenko, MD, FACP, the faculty will guide you through compelling content tailored to maximize your effectiveness as a leader, including the dynamics of communication, leadership development and coaching, techniques to enhance your practice, strategies for focusing your time and energy, career opportunities and advancement, and long-term goal planning.

REGISTER ONLINE: MEETINGS.GI.ORG
REGISTRATION INFORMATION

There are separate registration fees for ACG's Functional GI Disorders School and the Bridging the Leadership Gap in Gastroenterology Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for ACG's Functional GI Disorders School attendees, lunch and dinner on Saturday for Bridging the Leadership Gap Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available.

A full refund of registration fees will be given, less a $25 administrative fee, if written notice of cancellation is received by ACG by Thursday, December 19, 2019. No refunds will be given after this date.

### ACG'S FUNCTIONAL GI DISORDERS SCHOOL REGISTRATION

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### BRIDGING THE LEADERSHIP GAP IN GASTROENTEROLOGY COURSE REGISTRATION

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REGISTER ONLINE: MEETINGS.GI.ORG
The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**ACG’s Functional GI Disorders School**

The American College of Gastroenterology designates this live activity for a maximum of 8 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.
Bridging the Leadership Gap in Gastroenterology Course

The American College of Gastroenterology designates this live activity for a maximum of 14 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.
These programs will be held at the Marriott Marquis San Diego Marina. Reservations can be made by calling 1-877-622-3056, or online by visiting https://book.passkey.com/go/ACG19. The special meeting rate per night is $219 for single or double rooms. Taxes per night of 10.5%, a 2% San Diego Tourism Marketing District assessment, and a California Commerce Fee of $0.77 are not included. Room rates are also subject to a discounted daily amenity fee of $20 that includes a one-hour bike rental, one-hour kayak or paddleboard rental, high speed internet access in guest rooms, fitness classes, a $10 food and beverage credit at Starbucks or Exchange, and two glasses of wine in Marina Kitchen (amenities are subject to change). Reservations must be made before Thursday, December 19, 2019 in order to receive the special meeting rate. Only a certain number of rooms are available at these rates and are available on
a first-come, first-served basis. Once ACG’s room block is sold out, the hotel may charge a higher rate for any additional rooms made available. Requests for reservations received after this date will be on a space-available basis only.

All reservations require a deposit of one night’s room and tax upon reservation. All major credit cards are accepted. Individual deposits are refundable, provided notice of cancellation is received at least 3 days prior to the reserved date of arrival. Check-in time is 4:00 pm. Check-out time is 12:00 noon. The Marriott Marquis Hotel is located at 333 West Harbor Drive in San Diego, California 92101. Parking is available at the Marriott Marquis for the following rates: Self-parking $35 per night, valet parking $50 per night, $16 for hourly parking. In and out privileges will be extended to overnight guests. Parking fees are subject to change.

For more information about these programs, contact ACG at education@gi.org.

Americans with Disabilities Act: Attendees of these ACG programs who need additional reasonable accommodations or who have special needs (please indicate any dietary needs when registering) should contact the ACG office at registration@gi.org no later than Thursday, December 19, 2019.