

2018 Master Recipient

Frank L. Lanza, MD, MACG



Frank L. Lanza, MD, MACG, received a Bachelor's degree in Bacteriology from the University of Maryland and subsequently, in 1962, received both his Medical Degree and a Master's Degree in Biochemistry. He served an internship at the United States Public Health Service Hospital and a residency in internal medicine from the Baylor College of Medicine. In 1965, he completed a fellowship in gastroenterology at the MD Anderson Hospital and Tumor Institute. He remained on the staff of that institution for four years and entered private practice in 1970.

In 1972, he became a part-time Assistant Professor of Medicine at the Baylor College of Medicine and was tasked with the establishment of the Endoscopic Training Program at the Ben Taub General Hospital in Houston. He has remained in that position for the last 48 years. He was designated as chief of that program shortly after his appointment and eventually was promoted to Clinical Professor of Medicine in 1981, a position that he currently holds. In 1988, he became Chief Emeritus of the Endoscopic Training Program at Ben Taub. He is a member of a large number of professional societies, including The American College of Gastroenterology (ACG), The American Gastroenterological Association (AGA), and The American Society for Gastrointestinal Endoscopy (ASGE). He was a founding member of the Texas Society for Gastroenterology and Endoscopy (TSGE) and served as President from 2000–2002. His service to ACG has included Governor for Southern Texas (1983–1990), Chair of the Membership Committee (1994–1997), Trustee (1992–1997), Treasurer (1997–2000), Vice President (2000–2001), President-Elect (2001–2002) and President (2002–2003).

Dr. Lanza has received numerous awards during his career. In 1989, the Houston Gulf Coast National Foundation for Ileitis and Colitis designated him as the outstanding physician of the year. In 2000, he received the Marcel Patterson-Robert Nelson award from the TSGE. In 2008, he received the Hilda Raphael Schwartz Distinguished Lecturer in Gastroenterology award given by the Baylor College of Medicine. In 2011, he was the recipient of the Samuel S. Weiss Award from the ACG.

Dr. Lanza has also been extremely active in clinical research and was the founder of The Houston Institute for Clinical Research and has authored 108 papers published in peer reviewed literature. Most of these concern the effects on the GI tract by nonsteroidal anti-inflammatory agents (NSAIDs). During those years, his institute was involved in the evaluation of various new drugs, completing 118 protocols. He has also written eight book chapters, including three in Bockus' *Gastroenterology*.

His personal interests include ballroom dancing and collecting arts and antiques. He also has a strong interest in sports and served as a team physician for internal medicine for the Houston Rockets of the National Basketball Association for 21 years, from 1972-1993.